

WIDESIDE

THE OFFICIAL NEWSLETTER OF FOOTBALL ALBERTA
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UPDATES:

- Congratulations to the following teams which won 2006 Provincial Championships at their level of play this past season:

Atom (age 9-10)

West Edmonton Black Raiders

Pee-Wee (age 11-12)

Tier I St. Albert Riders

Tier II Foothills Eagles

Tier III Airdrie Storm

Bantam (age 13-15)

Tier I Sherwood Park Rams

Tier II Edmonton Chargers

Tier III Calgary Mavericks

High School

Tier IV Willow Creek Cobras

Tier III Wetaskiwin Sabres

Tier II Foothills Falcons

Tier I Salisbury Sabres

- Special Congratulations go out to the **Edmonton Wildcats** who won their first PFC Championship since 1983 and advanced to the National Championship Game.
- The **Annual Football Alberta/University of Calgary Football Clinic** will be held in Calgary on **Friday, March 9** and **Saturday, March 10**. As usual it will be held in conjunction with the **Football Alberta Coaches Awards Banquet**. A more detailed list of events and a registration form will be coming to your attention soon.
- The annual **Senior Bowl High School All-Star Game** will take place on **Monday, May 21, 2006** at the completion of the May long weekend. The game itself will be at **12:00 p.m.** at **McMahon Stadium** in **Calgary**. The tryout camp for the "**North**" is on the weekend of **April 13-15** in **Edmonton** while the "**South**" camp will be on the weekend of **April 20-22** in **Calgary**. Nominations by high school coaches for Senior Bowl tryouts are due as of January 31, 2007.
- 2007 is also a Bantam Bowl year and nominations for that program are also due on January 31st.
- **Football Canada Cup 2007** will be held in Lennoxville, Quebec from July 7-14. This year Football Alberta will be fielding teams at the U19 level as well as two new ones at the U17 level (Northern Alberta and Southern Alberta). Stay tuned to the Football Alberta website for further information on this event.
- Congratulations to the following Junior Football Players from Alberta who were named **All-Canadian for 2006** (High School in brackets):

Terriss Paliwoda (OL) – Edmonton Wildcats (Austin O'Brien H.S. – Edmonton)

Gord Hinse (OL) – Edmonton Wildcats (Austin O'Brien H.S. – Edmonton)

Dan Bischke (OL) – Okanagan Sun (Medicine Hat H.S.)

Cassidy Doneff (WR) – Calgary Colts (Cochrane H.S.)

Tristan Jones (RB) – Edmonton Wildcats (St. Albert H.S.)

Nathan Aldred (QB) – Edmonton Huskies (Grande Prairie H.S.)

Dan Schutte (DL) – Edmonton Wildcats (Hunting Hills H.S. – Red Deer)

Jeff Hecht (DB) – Edmonton Wildcats (W.P. Wagner H.S. – Edmonton)

Special congratulations to **Tristan Jones** for being named the CJFL's Top Offensive Player for 2006 and for setting the new single season rushing mark in the CJFL with.

- Congratulations to the following Albertans who were named **CIS All-Canadians for 2006** (these are all players who played for Alberta Universities or graduated from Alberta High Schools):
1st Team: **Chris Best** (OL) – Waterloo University (Western Canada H.S. – Calgary)
Chris Cietzki (RB) – UBC (Arch. Jordan H.S. in Sherwood Park)
2nd Team: **Jordy Burrows** (DB) – Univ. of Sask. (Jasper Place H.S. - Edmonton)
Kyle Markin (DL) – Acadia University (Henry Wise Wood H.S. - Calgary)
Simon Patrick (DL) – Univ. of Manitoba (Parkland Predators – Spruce Grove)

Special Congratulation to **Dalin Tollestrup** out of Raymond H.S. who won the **Peter Gorman Award** as the Most Outstanding Rookie in the CIS for 2006 after starting every game at QB for the University of Calgary this past season. As well, former Western Canada H.S. star **Chris Best**, out of Calgary was awarded the **J.P. Metras Award** as the Best Down Lineman in the CIS for 2006 while playing for the Waterloo Warriors. Finally, special congratulations to University of Calgary Assistant Coach **Wayne Harris Jr.** who was the winner of the **Gino Fracas Award** as the Most Outstanding Volunteer Coach in the CIS.

REPORT

Jan/07: Executive Director's Report - Brian Fryer

Annual Coaches Clinic date is March 9-10/2007.

In conjunction with the Annual Univ. of Calgary /FAB Coaches Clinic a **NCCP Technical Level I** clinic will go on at the same time. Coaches must attend and pay for both clinics to receive the Technical completion because of the total hours required from both areas. The NCCP Level 1 will continue on after the Awards Luncheon, Mar.10 from 3:00 – 7:00 and Sunday/March 11 from 9–1 pm. Registrations forms for both will be available on our website in late January in a downloadable form.

A separate registration form will be sent for a list of other NCCP clinics as per host league requests. Remember, any local league/ass./team may host a clinic but must have at least 12 coaches and a location. We will line up the course conductors/dates, subject to their availability. To avoid confusion in regards to Certification, following the completion of the Technical and Theory NCCP components, one season of coaching must be completed before a Practical Experience form can be filled out (available by contacting Football AB). Remember that the new Theory Part A is the same as Theory Level 1 and Theory Part B is the same as Theory Level 2. The schedule for the Theory courses in Alberta is at www.cd.gov.ab.ca/nccp.

MEMBERSHIP/SENIOR BOWL – Reminder of the Tryout Policy to both selection camps.

All high school coaches should be reminded again that the policy for the 2007 Senior Bowl is, **only players from Football Alberta paid member schools will be allowed to tryout in the selection camps and participate in the Senior Bowl**. All high school membership team fees (\$100) must be into Football Alberta's office **prior to March 1st**. This is the end of the 2006 membership date (Mar.1/06 – Feb. 28/07).

Selection Camps: NORTH (Ap.13-15) – SOUTH (Apr. 20-22)

The **2007 Membership** registration forms will be available at our website in early February. The effective date for the year to start on March 1/07 – Feb. 29/08. This date will then include any midget football or early season March camps. Information on membership, insurance and downloadable forms are on our website at www.footballalberta.ab.ca

Please Note the 2007 Membership Fees will be set after our Annual General Meeting on Jan. 27 so stay tuned.

NFL JUNIOR CHAMPIONSHIP XI – GLEN CONSTANTIN Selects Coaching Staff

MONTREAL - Glen Constantin, Team Canada football head coach, announced his staff for the NFL Global Junior Championship XI set for January 29-February 3 in Fort Lauderdale, Florida. Canada is the defending champion.

Four of the nine assistants named by Constantin are head coaches at Canadian universities. There are four offensive coaches, four defensive coaches and one special teams coach. On the offence, Justin Éthier, offensive coordinator at Université Laval, is the Offensive coordinator & quarterback coach ; Greg Marshall, head coach at the University of Western Ontario, the offensive line coach; Stefan Ptaszek, head coach at McMaster University, is the receivers coach; and Marco Iadaluca, offensive coordinator for the St-Léonard Cougars (CJFL), the running back/coach.

On defence, Warren Craney, defensive coordinator at Concordia

University, fills the same role with Team Canada; Blake Nill, head coach at the University of Calgary, handles the secondary; Marc Santerre, head coach at the Université de Montréal, is the defensive backs coach; and Randy Fournier, defensive line coach at the University of Ottawa, fills the same function with Team Canada. Pat Tracey, defensive coordinator at Queens' University, is the special teams coach.

"I'm very pleased to have such an experienced staff who have left their mark on Canadian football," said Constantin. "We had more than 50 applications for the positions." Full bios are available on line at www.teamcanadafootball.com. Selection camps were held last week in Quebec and Ontario to identify players for a national camp set for December 16-17 at Rosemère, Que. More than 350 nineteen and under players were evaluated at those camps held in Lachine and Guelph. More than 100 players from across the country are expected to attend the Rosemère camp.

Team Canada plans to field a 40-member team for the tournament. Last year the Canadians beat the U.S., 10-0 in the championship final in Detroit. The Global Junior Championship XI is an official NFL event and takes place in Fort Lauderdale during Super Bowl Week (January 29- February 3, 2007). The tournament, now in its eleventh year, will be played as part of the Super Bowl XLI festivities.

Other countries participating are Japan, Mexico, France, Panama and the U.S. A South Florida select squad will represent the U.S.

JUNIOR FOOTBALL

Edmonton Wildcats go all the way to the Canadian Bowl with the Vancouver Island Raiders capturing the Championship trophy by defeating the Wildcats 27-26 in a thriller in Nanaimo. Down by 2, the Raiders completed a 3rd and 14 gamble from the Wildcat 43 yard line with just under a minute remaining to set them up inside the 10 yard line. The Raiders then connected on a 17 yard field goal with no time left on the clock to vault them as champions. Tough break for the Wildcats but still can be very proud of there success this year. Both teams were undefeated going into the final.

2006 GINO FRACAS AWARD

Wayne Harris Jr. of the University of Calgary is the 2006 recipient of the Gino Fracas Award as the Most Outstanding Volunteer Coach in Canadian University Football. The award was presented by Gino Fracas on Nov. 24th at the 2006 Vanier Cup Awards Luncheon. The award, sponsored by Football Canada, is named in honour of Gino Fracas, legendary coach at the U. of AB and Windsor. The award recognizes outstanding career service by a volunteer assistant coach.

Wayne has been involved in coaching since playing for the Dinos (1977-81). He has held several positions with the Dinos since the late 80's including being part of the 1995 Vanier Cup Dino staff. Currently he is the linebacker coach for the Dinos but also coached with the Calgary Colts (1987-93) and various high school programs (Sir Winston Churchill, Henry WiseWood and from 1995 thru 2006 he has been the head coach at William Aberhart high school).

FEDKERKEIL BECOMES FIRST FORMER DINO TO DRESS FOR NFL REGULAR SEASON CONTEST

History was made Sunday afternoon, December 3 at LP Field in Nashville, Tennessee when former University of Calgary Dinos player Dan Federkeil dressed for the Indianapolis Colts against the Tennessee Titans.

The 6'6", 295 lbs. Federkeil became the first former University of Calgary Dinos football player to dress for a regular season NFL contest. A non-drafted free agent signing by the Colts on May 2, 2006 Federkeil played extensively in three of four pre-season games with the

Colts and has been on their practice roster since the September 3. He was moved to the active roster and signed on Saturday when starting right tackle Ryan Diem was unable to dress. Diem's starting spot was taken by rookie Charlie Johnson, the Colts' sixth round selection in the 2006 NFL Draft from Oklahoma State University.

Not only did Federkeil dress for the game against the Titans, but also played, being used on special teams for converts and field goal attempts that saw the Colts loose 20-17 to the Titans on a 60-yard field goal with seven seconds remaining. After wearing number '66' in the pre-season he wore sweater number '76', the same number he wore with the Dinos.

Federkeil was drafted in the first round (fifth overall) by the Toronto Argonauts in the 2006 Canadian Football League Draft in April 2006. Federkeil attended the Colts free agent camp in May 2006 where he was moved to offensive right tackle though he spent his entire CIS career on the defensive side of the football, except for short yardage situations. The closest he previously came to playing a regular season game was when he accompanied the team to their game in New York against the Jets on October 1 but did not dress.

Federkeil, who turned 23 on November 9th, played five seasons for the Dinos joining the team directly from Medicine Hat High in 2001. He was the team's nominee for the Peter Gorman Trophy for Freshman of the Year that season becoming a starter midway through his freshman season. He was a Canada West all-star defensive end in 2003 and 2005 as well as being a second team Canadian Interuniversity All-Canadian. He capped his college career by being named Canada West Lineman of the Year and a Finalist for the J.P. Metras Trophy as CIS Lineman of the Year and selected for the West team in the East West Shrine Football game in January 2006. He was named University of Calgary Male Athlete of the Year in 2006.

The University of Calgary has had four other players attended NFL training camps who participated in pre-season games. Kent Warnock attended the Pittsburgh Steelers Training Camp in 1986, Michael Pavelec attended the Miami Dolphins Training Camp in 1991, and Don Blair attended the Chicago Bears Training Camp in 1996.

Dan becomes the second Alberta born player to dress for a NFL regular season with the first being former University of Alberta Golden Bears receiver Brian Fryer who suited up for the Washington Redskins.

RESULTS:

2006 YEARBOOK OF RESULTS

SENIOR MEN'S

ALBERTA LEAGUE*	W	L	T	PF	PA	PTS
Calgary Wolfpack	9	0	0	401	155	18
Edmonton Stallions	7	1	1	355	84	15
Calgary Gators	6	3	0	278	138	12
Wainwright Longhorns	6	3	0	255	196	12
Grande Prairie Drillers	5	4	0	298	215	10
Lloydminster Vandals	4	4	1	172	146	9
Red Deer Buccaneers	3	6	0	196	195	6
Medicine Hat Marauders	3	6	0	87	295	6
Calgary Thunder	1	8	0	80	326	2
Edmonton Seahawks	0	9	0	51	423	0

SEMIS: Calgary Gators 30 Edm. Stallions 14

Calgary Wolfpack 61 Grande Prairie 6

FINAL: Calgary Wolfpack 31 Cal. Gators 7

NATIONAL FINAL: Oshawa 43 Calgary 29

UNIVERSITY

CANADA WEST LEAGUE*	W	L	OT	PF	PA	PTS
U of Manitoba Bisons	8	0	0	363	143	16
U of Saskatchewan Huskies	6	2	0	282	148	12
UBC Thunderbirds	4	4	0	287	209	8
U of Regina Rams	4	4	0	278	256	8
U of Alberta Golden Bears	4	4	0	163	198	8
U of Calgary Dinosaurs	2	6	0	133	221	4
Simon Fraser Univ. Clan	0	7	1	100	431	1

SEMIS: Manitoba 44 Regina 29

Saskatchewan 35 UBC 16

HARDY CUP: Saskatchewan 32 Manitoba 16

MITCHELL BOWL: Saskatchewan 35 Ottawa 28

VANIER CUP: Laval 13 Saskatchewan 8

JUNIOR

PRAIRIE FOOTBALL CONF.*	W	L	T	PF	PA	PTS
Edmonton Wildcats	8	0	0	366	156	16
Saskatoon Hilltops	7	1	0	204	137	14
Edmonton Huskies	5	3	0	231	243	10
Regina Prairie Thunder	3	3	0	177	228	6
Winnipeg Rifles	1	7	0	164	148	2
Calgary Colts	0	8	0	141	271	0

PFC SEMIS: Edm. Wildcats 31 Regina 17

Edm. Huskies 35 Saskatoon 27

PFC FINAL: Edm. Wildcats 21 Edm. Huskies 15

NATIONAL SEMI : Edmonton 52 St. Leonard 13

NATIONAL FINAL: Van. Island 27 Edmonton 26

MIDGET (Spring)

CALGARY MIDGET LEAGUE*	W	L	T	PF	PA	PTS
Calgary Wildcats						
Tri-County Freeze						
Calgary Cowboys						
Calgary Colts						
Calgary Bulldogs						
Calgary Hilltoppers						
Foothills Eagles						
Calgary Mavericks						
Calgary Broncos						

Standings not sent in

FINAL: Calgary Colts def. Foothills Eagles

CAPITAL DISTRICT MIDGET*

	W	L	T	PF	PA	PTS
Tier I						
Sherwood Park Rams	5	0	0	196	21	10
St. Albert Storm	3	2	0	82	49	6
Parkland Outlaws	3	2	0	68	59	6
Edmonton Black Raiders	3	2	0	120	83	6
Sherwood Park Wolverines	1	4	0	28	157	2
Edmonton Chargers	0	5	0	22	147	0

SEMIS: Sher. Park Rams 21 Black Raiders 2
St. Albert Storm 18 Parkland Outlaws 6

FINAL: Sher. Park Rams 30 St. Albert Storm 7

Tier II

Fort McMurray Ravens	4	0	0	143	31	8
Edmonton Eagles	3	1	0	106	47	6
Edmonton Seahawks	2	2	0	107	80	4
Edmonton Silver Raiders	1	3	0	58	94	2
Parkland Bandits	0	4	0	6	168	0

SEMIS: Ft. McMurray 36 Silver Raiders 0
Edm. Eagles 13 Edm. Seahawks 0

FINAL: Ft. McMurray 27 Edm. Eagles 7

HIGH SCHOOL**MIGHTY PEACE LEAGUE***

	W	L	T	PF	PA	PTS
Peace Conference						
Sexsmith Sabres	5	0	0	162	61	10
Grande Prairie Warriors	4	1	0	180	84	8
Peace River Pioneers	3	2	0	167	127	6
Beaverlodge Royals	2	3	0	109	137	4
South Peace Penguins	1	4	0	101	103	2
Peace Wapiti Titans	0	5	0	30	237	0

SEMIS: Sexsmith 38 Beaverlodge 2
Grande Prairie 32 Peace River 7

FINAL: Sexsmith 2 Grande Prairie 1 (OT)

Athabasca Conference

	W	L	T	PF	PA	PTS
Whitecourt Cats	6	0	0	182	36	12
St. Josephs Celtics	5	1	0	192	60	10
Valleyview Cougars	3	3	0	101	64	6
Hinton Wolfpack	1	5	0	102	161	2
North Peace Oscars	0	6	0	18	274	0

SEMIS: Whitecourt 30 Hinton 6
St. Josephs 32 Valleyview 12

FINAL: St. Josephs 15 Whitecourt 1

EDMONTON PUBLIC (SR.)*

	W	L	T	PF	PA	PTS
Ross Sheppard Thunderbirds	6	0	0	233	3	12
Parkland Predators	4	1	1	150	85	9
Strathcona Lords	4	2	0	90	108	8
McNally Tigers	4	2	0	112	77	8
Harry Ainlay Titans	3	3	0	153	86	6
Eastglen Blue Devils	2	4	0	74	169	4
M.E. LaZerte Voyageurs	2	4	0	102	122	4
Jasper Place Rebels	1	4	1	61	142	3
J. Percy Page Panthers	0	6	0	25	240	0

1/4's: Ross Sheppard 30 Jasper Place 0
Parkland 10 M.E. LaZerte 7
Strathcona 33 Eastglen 13
Harry Ainlay 19 McNally 9

SEMIS: Ross Sheppard 9 Harry Ainlay 2
Parkland 38 Strathcona 0

FINAL: Ross Sheppard 44 Parkland 13

EDMONTON PUBLIC (JR.)*

	W	L	T	PF	PA	PTS
Ross Sheppard Thunderbirds	5	1	0	260	48	10
Parkland Predators	5	1	0	163	26	10
Jasper Place Rebels	4	2	0	176	118	8
Harry Ainlay Titans	3	3	0	91	122	4
McNally Tigers	2	4	0	106	133	4
M.E. LaZerte Voyageurs	2	4	0	110	161	4
Queen Elizabeth Knights	0	6	0	20	318	0

SEMIS: Harry Ainlay def. Ross Sheppard
Parkland def. Jasper Place

FINAL: Parkland def. Harry Ainlay

EDMONTON METRO (SR.)*

	W	L	T	PF	PA	PTS
Pool "A"						
Salisbury Sabres	5	0	0	212	31	10
Bev Facey Falcons	4	1	0	199	36	8
Ardrossan Bisons	3	2	0	82	90	6
St. Francis Xavier Rams	2	3	0	62	128	4
Leduc Tigers	1	4	0	61	150	2
Beaumont Bandits	0	5	0	35	216	0

Pool "B"

Holy Trinity Trojans	6	0	0	141	45	12
Archbishop Jordan Scots	5	1	0	194	33	10
Austin O'Brien Crusaders	3	3	0	126	107	6
Archbishop O'Leary Spartans	3	3	0	91	140	6
St. Albert Skyhawks	2	4	0	81	118	4
Bellerose Bulldogs	2	4	0	85	89	4
Fort Saskatchewan Sting	0	6	0	13	199	0

SEMIS: Salisbury 48 Archbishop Jordan 2
Bev Facey 36 Holy Trinity 10

FINAL: Salisbury 31 Bev Facey 6

EDMONTON METRO (JR.)*

	W	L	T	PF	PA	PTS
Bev Facey Falcons	7	0	0	157	39	14
St. Albert Skyhawks	6	1	0	205	69	12
Bellrose Bulldogs	4	3	0	105	80	8
St. Francis Xavier Rams	4	3	0	131	130	8
Austin O'Brien Crusaders	3	4	0	99	90	6
Salisbury Sabres	3	4	0	87	142	6
Archbishop Jordan Scots	1	6	0	55	136	2
St. Josephs Saints	0	7	0	60	213	0

SEMIS: St. Francis Xavier 28 Bev Facey 0
St. Albert 34 Bellerose 0

FINAL: St. Albert 35 St. Francis Xavier 14

WHEATLAND LEAGUE*

	W	L	T	PF	PA	PTS
Division I						
St. Paul Lions	4	0	0	103	42	8
Wainwright Commandos	3	1	0	102	54	6
Lloydminster Barons	2	2	0	50	34	4
Grand Centre Royals	1	3	0	46	71	2
Lac La Biche Huskies	0	4	0	30	130	0
Division II						
Bonnyville Voyageurs	3	1	0	83	65	6
Sedgewick Rams	3	1	0	58	40	6
Athabasca Pacers	2	2	0	62	61	4
Vemilion Mauraders	1	3	0	58	71	2
Westlock Thunderbirds	1	3	0	35	59	2

SEMIS: St. Paul 22 Grande Centre 14
Wainwright 8 Lloydminster 7

FINAL: St. Paul 28 Wainwright 0

<u>CENTRAL ALBERTA*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Norm Brown Conference						
Wetaskiwin Sabres	6	0	0	283	29	12
Lacombe Rams	4	2	0	160	110	8
Notre Dame Cougars	3	3	0	141	127	6
Camrose Trojans	1	5	0	93	215	2
Innisfail Cyclones	0	6	0	35	289	0
Brick Ward Conference						
Sylvan Lake Lakers	5	1	0	161	102	10
Hunting Hills Lightning	5	1	0	197	94	10
Stettler Wildcats	3	3	0	177	90	6
Rocky Mtn. House Rebels	3	3	0	117	174	6
Lindsay Thurber Raiders	0	6	0	28	164	0

SEMIS: Wetaskiwin 21 Stettler 7

Sylvan Lake 20 Notre Dame 6

FINAL: Wetaskiwin 43 Sylvan Lake 14

<u>CALGARY DIV. I (SR.)*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Lord Beaverbrook Lords	6	0	0	132	59	12
Henry Wise Wood Warriors	4	2	0	157	96	8
St. Mary's Saints	4	2	0	125	88	8
St. Francis Browns	4	2	0	102	88	8
Sir Winston Churchill Bulldogs	2	4	0	117	133	4
Bowness Trojans	1	5	0	98	129	2
Western Canada Redmen	0	6	0	25	163	0

SEMIS: Lord Beaverbrook 35 St. Francis 12

Henry Wise Wood 21 St. Mary's 14

FINAL: Henry Wise Wood 19 Lord Beav. 14

<u>CALGARY DIV. II (SR.)*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Centennial Coyotes	7	0	0	225	56	14
Bishop O'Byrne Trailblazers	5	2	0	172	65	10
Notre Dame Lions	5	2	0	151	113	10
John G. Diefenbaker Chiefs	4	3	0	130	85	8
Bishop McNally Timberwolves	3	4	0	65	170	6
Bishop Grandin Ghosts	2	5	0	99	182	4
William Aberhart Trojans	1	6	0	104	165	2
Central Memorial Rams	1	6	0	42	152	2

SEMIS: Centennial 34 John G. Diefenbaker 13

Bishop O'Byrne 20 Notre Dame 7

FINAL: Centennial 14 Bishop O'Byrne 7

<u>CALGARY DIV. III (SR.)*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Bishop Carroll Cardinals	7	0	0	175	47	14
Crescent Heights Cowboys	5	2	0	137	62	10
Ernest Manning Griffins	4	3	0	166	75	8
James Fowler Falcons	2	5	0	40	107	4
Dr. E. P. Scarlett Lancers	2	5	0	68	170	4
Forest Lawn Titans	1	6	0	47	172	2

SEMIS: Bishop Carroll 35 Dr. E. P. Scarlett 6

Ernest Manning 24 Crescent Heights 17

FINAL: Ernest Manning 28 Bishop Carroll 23

<u>CALGARY DIV. I (JR.)*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Henry Wise Wood Warriors	6	0	0	247	34	12
St. Francis Browns	5	1	0	224	106	10
Bowness Trojans	4	2	0	90	119	8
Sir Winston Churchill Bulldogs	3	3	0	132	163	6
Centennial Coyotes	2	4	0	102	111	4
Western Canada Redmen	1	5	0	69	186	2
Lord Beaverbrook Lords	0	6	0	30	175	0

SEMIS: Henry Wise Wood 34 S.W.C. 13

St. Francis 19 Bowness 8

FINAL: Henry Wise Wood 52 St. Francis 26

<u>CALGARY DIV. II (JR.)*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
John G. Diefenbaker Chiefs	5	1	0	114	30	10
Bishop O'Byrne Trailblazers	5	1	0	177	79	10
Notre Dame Lions	4	2	0	91	65	8
Bishop Grandin Ghosts	3	3	0	81	70	6
St. Mary's Saints	3	3	0	141	131	6
William Aberhart Trojans	1	5	0	90	184	2
Central Memorial Rams	0	6	0	59	194	0

SEMIS: Bishop Grandin 21 John Diefenbaker 17

Bishop O'Byrne 35 Notre Dame 12

FINAL: Bishop Grandin 28 Bishop O'Byrne 23

<u>CALGARY DIV. III (JR.)*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Crescent Heights Cowboys	6	0	0	179	45	12
Dr. E. P. Scarlett Lancers	4	2	0	127	111	8
Forest Lawn Titans	2	4	0	96	138	4
James Fowler Falcons	0	6	0	51	159	0

SEMIS: Crescent Heights 38 James Fowler 12

E.P. Scarlett 27 Forest Lawn 14

FINAL: E.P. Scarlett 21 Crescent Heights 14

<u>ROCKYVIEW LEAGUE*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Foothills Falcons	6	0	0	318	48	12
Cochrane Cobras	5	1	0	259	65	10
Bow Valley Bobcats	3	2	0	162	116	6
Bert Church Chargers	3	3	0	83	141	6
Chestermere Cowboys	2	3	0	110	126	4
Springbank Phoenix	1	5	0	92	249	2
George McDougall Mustangs	0	6	0	27	306	0

TIER III SEMI: Bert Church 34 Springbank 13

TIER III FINAL: Cochrane 54 Bert Church 14

TIER II SEMI: Chestermere 32 George Mac 0

TIER II FINAL: Foothills 59 Chestermere 0

BIG SKY LEAGUE* W L T PF PA PTS

South Division

Highwood Mustangs
Holy Trinity Knights
Bow Valley Wolverines
Strathmore Spartans

**Standings
not sent in**

North Division

Oilfields Drillers
Olds Spartans
J.C. Charyk Hawks
Rimbey Spartans
Drumheller Titans

**Standings
not sent in**

TIER III SEMIS: Highwood 54 Strathmore 7
Holy Trinity 24 Bow Valley 7

TIER III FINAL: Highwood 28 Holy Trinity 24

TIER IV SEMIS: Oilfields 33 Rimbey 3

Olds 25 J.C. Charyk 7

TIER IV FINAL: Oilfields 16 Olds 6

<u>RANGELAND LEAGUE*</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Medicine Hat Mohawks	6	0	0			12
Crescent Heights Vikings	3	3	0			6
McCoy Colts	2	4	0			4
Brooks Buffalos	1	5	0			2

SEMIS: Medicine Hat 38 Brooks 10

McCoy 18 Crescent Heights 15

FINAL: Medicine Hat 30 McCoy 7

SOUTHERN ALBERTA***"A" Division**

	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
L.C.I. Rams	4	0	0			8
Raymond Comets	3	1	0			6
Catholic Central Cougars	2	2	0			4
Cardston Cougars	1	3	0			2
Winston Churchill Bulldogs	0	4	0			0

"B" Division

	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Willow Creek Cobras	3	0	0			6
W.R. Myers Rebels	2	1	0			4
Kate Andrews Pride	1	2	0			2
Kainai Warriors	0	3	0			0

Tier I Final: Raymond 14 L.C.I. 13 (OT)**Tier II Final:** Catholic Central 21 Cardston 7**Tier III Final:** Winston Churchill 47 W.R. Myers 7**Tier IV Final:** Willow Creek 69 Kate Andrews 0**ASAA Region 1 Cross Over Games****Tier II:** Medicine Hat 38 Catholic Central 10**Tier III:** Brooks 48 Winston Churchill 12**A.S.A.A. HIGH SCHOOL PROVINCIALS****TIER I**

1/4'S: Ross Sheppard 21 Fort McMurray 7
Salisbury 52 Grande Prairie 12
Henry Wise Wood 19 Lord Beav. 14
Raymond 39 Parkland 7

SEMIS: Salisbury 46 Ross Sheppard 7
Raymond 38 Henry Wise Wood 20

FINAL: Salisbury 31 Raymond 14**TIER II**

1/4's: Archbishop Jordan 35 Notre Dame 22
Eastglen 27 Lloydminster 14
St. Mary's (BYE)
Foothills 50 Medicine Hat 7

SEMIS: Archbishop Jordan 66 Eastglen 7
Foothills 38 St. Mary's 31

FINAL: Foothills 42 Archbishop Jordan 6**TIER III**

1/4's: Holy Trinity 44 St. Josephs 0
Wetaskiwin 37 St. Paul 0
Cochrane 64 Brooks 10
Highwood 22 Winston Churchill 8

SEMIS: Wetaskiwin 31 Holy Trinity 7
Cochrane 52 Highwood 11

FINAL: Wetaskiwin 15 Cochrane 10**TIER IV**

1/4's: Sexsmith (BYE)
Sylvan Lake 38 Vegreville 0
Willow Creek 27 Oilfields 9
Bow Valley 56 Rundle College 0

SEMIS: Sexsmith 55 Sylvan Lake 34
Willow Creek 21 Bow Valley 16

FINAL: Willow Creek 28 Sexsmith 27**BANTAM****GRANDE PRAIRIE MINOR***

	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Grande Prairie Raiders						
Sexsmith Shamrocks						
West Country Lightning						
Grande Prairie Broncos						

Standings**not sent in****FINAL:** G. P. Raiders 21 Sexsmith 0**PEACE RIVER MINOR**

	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Peace River Royals						
Peace River Hurricanes						
Peace River Raiders						
Peace River Eagles						

Standings**not sent in****FINAL:** Results not sent in**CENTRAL ALBERTA BANTAM W**

	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Notre Dame Cougars	6	0	0	231	57	12
Lacombe Raiders	5	1	0	217	32	10
Hunting Hills Lightning	4	2	0	126	114	8
Lindsay Thurber Raiders	3	3	0	128	162	6
Sylvan Lake Lions	2	4	0	62	203	4
Innisfail Cyclones	1	5	0	79	160	2
Olds Bulldogs	0	6	0	72	187	0

FINAL: Lacombe 9 Notre Dame 7**CAPITAL DISTRICT BANTAM* W****Jackie Parker Division**

	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Millwoods Grizzlies	7	0	1	296	58	15
Sherwood Park Rams	7	0	1	245	62	15
Leduc Ticats	7	1	0	310	69	14
Stony Plain Blue Bombers	3	4	1	225	225	7
St. Albert 49ers	3	5	0	179	227	6
North Edmonton Seahawks	1	6	1	89	302	3
W. Edmonton Silver Raiders	0	8	0	35	277	0

John Bright Division

	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
W. Edmonton Black Raiders	5	3	0	165	93	10
Sherwood Park Wolverines	5	3	0	228	118	10
Edmonton Chargers	5	3	0	193	142	10
Fort McMurray Ravens	5	3	0	250	204	10
Spruce Grove Cougars	3	5	0	170	199	8
St. Albert Fury	2	6	0	92	285	4
Sherwood Park Northstars	1	7	0	58	274	2

SEMIS: Sher. Park Rams 19 Black Raiders 7

Leduc Ti-Cats 28 Millwoods Grizzlies 18

FINAL: Sher. Park Rams 34 Leduc Ti-Cats 0**PRAIRIE THUNDER LEAGUE* W****North Division**

	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>	
Lloydminster Chargers	5	0	0	144	48	10
Lac La Biche Drillers	4	1	0	114	58	8
Grande Centre Royals	2	3	0	77	92	4
St. Paul Bengals	2	3	0	131	146	4
Wainwright Commados	1	4	0	98	132	2
Elk Island Lightning	1	4	0	66	148	2

South Division

	<u>W</u>	<u>L</u>	<u>T</u>	<u>PF</u>	<u>PA</u>	<u>PTS</u>
Okotoks Falcons	5	0	1	312	53	10
Camrose Coyotes	4	1	1	174	101	9
Wetaskiwin Warriors	4	2	0	197	58	8
Stettler Cougars	3	3	0	160	125	6
Strathmore Spartans	1	5	0	43	298	2
Drumheller Titans	0	6	0	40	291	0

FINAL: Okotoks 20 Lloydminster 0

CALGARY BANTAM LEAGUE*W L T PF PA PTS**North Division**

Calgary Cowboys	7	0	0	262	38	14
Calgary Hilltoppers	6	1	0	248	45	12
Calgary Golden Hawks	4	3	0	172	183	8
Cochrane Lions	4	3	0	190	110	8
Calgary Mavericks	3	4	0	98	135	6
Airdrie Storm	2	5	0	95	249	4
Calgary Broncos	0	7	0	36	265	0

South Division

Calgary Wildcats	7	0	0	303	32	14
Calgary Bulldogs	5	2	0	171	93	10
Calgary Stampeders	3	3	1	88	101	7
Calgary Falcons	3	4	0	75	144	6
Foothills Eagles	2	4	1	96	171	5
Calgary Colts	2	5	0	97	136	5
Bow Valley Wolverines	0	7	0	26	255	2

SEMIS: Calgary Cowboys 22 Cal. Bulldogs 16
Calgary Wildcats 19 Cal. Hilltoppers 7

FINAL: Calgary Cowboys 16 Cal. Wildcats 11

SOUTH. ALBERTA MINOR W L T PF PA PTS**Big Sky Division**

Lethbridge Stampeders						
Brooks Roadrunners						
Lethbridge Jr. Rams						
Parkside Pythons						
Medicine Hat Colts						
Lethbridge Bombers						
Medicine Hat Hawks						
Lethbridge Jr. Bulldogs						

**RESULTS
NOT
SENT
IN**

Chinook Division

Raymond Jr. Comets						
Cardston Cougars						
Claresholm Raiders						
Magrath Wolverines						
Kainai Eagles						
Taber Jr. Rebels						
Pincher Creek Mustangs						
Coaldale Golden Bears						

**RESULTS
NOT
SENT
IN**

FINAL: Raymond def. Cardston

PEE-WEE**CENTRAL ALBERTA LEAGUE W L T PF PA PTS****Eastern Division**

Stettler Panthers	7	0	0	266	85	14
Wainwright Guard Dogs	4	3	0	178	208	8
Wetaskiwin Wildcats	3	4	0	199	194	6
Lacombe Explosion	0	7	0	51	273	0

Western Division

Sylvan Lake Bears	6	0	0	230	26	12
Innisfail White	3	3	0	130	83	6
Innisfail Blue	3	3	0	150	91	6
Red Deer Hornets	3	3	0	142	153	6
Red Deer Steelers	0	6	0	6	281	0

SEMIS: Sylvan Lake 42 Wainwright 12
Stettler 38 Innisfail White 7

FINAL: Sylvan Lake 15 Stettler 12

GRANDE PRAIRIE PEE-WEE W L T PF PA PTS

Grande Prairie Red						
Grande Prairie Blue						
Grande Prairie Black						
Grande Prairie Green						

**Results not
sent in**

LLOYDMINSTER PEE-WEE W L T PF PA PTS

Rotary Chargers						
Blue and White Little Dippers						
Green Sandpipers						
Yellow Team						
Red Team						
Black Team						

**Results not
sent in**

CAPITAL DISTRICT PEE-WEE W L T PF PA PTS**Jackie Parker Division**

Sherwood Park Raiders	8	0	0	270	32	16
Leduc Wildcats	6	2	0	221	103	12
Sherwood Park SabreCats	5	3	0	204	82	10
Stony Plain Blue Bombers	5	3	0	166	122	10
Edmonton Seahawks	4	4	0	138	90	8
Millwoods Grizzlies	3	5	0	71	114	6
St. Albert Avengers	2	6	0	117	190	4
W. Edmonton Silver Raiders	1	7	0	20	171	2
Camrose Buffalos	0	8	0	70	334	0
St. Albert Colts	0	8	0	12	377	0

John Bright Division

Millwoods Maulers	7	1	0	269	70	14
St. Albert Riders	7	1	0	280	40	14
Sherwood Park Bulldogs	6	2	0	150	64	12
Edmonton Chargers	6	2	0	238	94	12
W. Edmonton Black Raiders	6	2	0	212	106	12
Edmonton Skyhawks	3	4	1	63	188	7
Sherwood Park Cougars	3	5	0	152	177	6
St. Albert Eagles	2	5	1	58	227	5
Spruce Grove Cougars	1	7	0	52	192	2

SEMIS: St. Albert Riders 14 Edm. Chargers 10
Sher .Pk. Raiders 24 W.Edm. Raiders 6

FINAL: St. Albert Riders 9 Sher Park Raiders 0

CALGARY & AREA PEE-WEE*W L T PF PA PTS**"North" Division**

Calgary Cowboys	7	1	0	291	57	14
Calgary Hilltoppers	6	2	0	200	233	12
Calgary Mavericks	4	4	0	99	154	8
Cochrane Lions	4	4	0	157	150	8
Calgary Kodiaks	3	5	0	113	163	6
Airdrie Storm	3	5	0	107	128	6
Calgary Broncos	1	7	0	181	320	2

"South" Division

Calgary Bulldogs	8	0	0	277	68	16
Calgary Wildcats	6	2	0	219	112	12
Calgary Colts	4	4	0	148	157	8
Foothills Eagles	4	4	0	155	117	8
Calgary Falcons	2	6	0	151	199	4
Calgary Stampeders	0	8	0	66	300	0

SEMIS: Calgary Bulldogs 45 Cal. Hilltoppers 30
Calgary Cowboys 25 Cal. Wildcats 12

FINAL: Calgary Bulldogs 22 Cal. Cowboys 14

ATOM

CAPITAL DISTRICT ATOM*

Jackie Parker Division

	W	L	T	PF	PA	PTS
St. Albert Buccaneers	7	1	0	209	58	14
Leduc Bobcats	5	3	0	208	118	10
Millwoods Grizzlies	4	4	0	228	112	8
Stony Plain Blue Bombers	4	4	0	145	213	8
North Edmonton Seahawks	1	6	1	82	213	3
St. Albert Jaguars	1	7	0	50	200	2
Sherwood Park Eskimos	1	7	0	69	231	2
West Edmonton Silver Raiders	0	7	1	31	222	1

John Bright Division

West Edmonton Black Raiders	7	0	1	295	20	15
Sherwood Park Broncos	7	1	0	277	26	14
St. Albert Vikings	7	1	0	201	58	14
Edmonton Chargers	6	1	1	176	64	13
Spruce Grove Cougars	5	3	0	124	100	10
Camrose Buffalos	3	5	0	70	178	6
Sherwood Park Warriors	2	6	0	77	250	4
Millwoods Maulers	2	6	0	71	250	4

SEMIS: W.E. Black Raiders 8 Edm. Chargers 0

Sher. Park Broncos 14 St. Albert Bucs 6

FINAL: W. E. Black Raiders 6 S.P. Broncos 0

MINOR PROVINCIALS

BANTAM (Age 13-15)*- not in Grade 10 or higher

TIER I

Semi-Final - Sat. November 11

Sherwood Park Rams 55 Cardston Cougars 0

Raymond Comets 31 Calgary Cowboys 7

Championship - Sat. November 18

UPCOMING EVENTS

UNIVERSITY/JUNIOR/OTHER

January 26-27- Football Alberta AGM - Edmonton

Feb. 17-18 – U of Alberta Linemen Camp

April 11 - U of Calgary Dinosaur Fundraising Dinner

April 13-15 - "North" Senior Bowl Sel. Camp - U of A

April 20-22 - "South" Senior Bowl Sel. Camp-U of C

April 21 - Advanced Coaches Clinic - U of A

April 27-29 - U of Alberta Main Spring Camp

April 27-29 - U of Calgary Main Spring Camp

May 1-4 - Edmonton Wildcat Spring Camp

May 11-13 - Edmonton Huskies Spring Camp

May 12 – CIS All-Star Game - Laval

May TBA - Calgary Colts Spring Camp

* - all above listed dates are subject to change

HIGH SCHOOL

February 17-18 - U of Alberta Lineman Camp

February 23-24 - Northern Lights Camp - Grande Prairie

April 13-15 - "North" Senior Bowl Sel. Camp - U of A

April 13-15 - "South" U17 Selection Camp - U of C

April 20-22 - "South" Senior Bowl Sel. Camp-U of C

April 20-22 - "North" U17 Selection Camp-U of A

May 5 - U of Alberta QB Camp

May 18-20 - Senior Bowl Main Camp

May 21 - Senior Bowl High School All-Star Game

TBA(May)- Edmonton Eskimo High School Dev't Camp

July 4-7- Team Alberta Training Camps – Edm./Cal.

July 8-15 - Football Canada Cup – Lennoxville, PQ

Sherwood Park Rams 14 Raymond Comets 2

TIER II

Quarter-Finals- Sat. November 4

Okotoks Falcons 36 Grande Prairie Raiders 12

Semi-Finals - Sat. November 11

Edmonton Chargers 50 Okotoks Falcons 14

Cochrane Lions 21 Parkside Pythons 15

Championship - Sat. November 18

Edmonton Chargers 17 Cochrane Lions 8

TIER III

Quarter-Finals - Sat. November 4

Lacombe Raiders 42 Lac La Biche Drillers 20

Semi-Finals - Sat. November 11

Lacombe Raiders 25 Spruce Grove Cougars 7

Calgary Mavericks 17 Lethbridge Rams 12

Championship - Sat. November 18

Calgary Mavericks 29 Lacombe Raiders 14

PEE-WEE (Age 11-12)

TIER I

Championship - Sat. November 11

St. Albert Riders 11 Calgary Bulldogs 6

TIER II

Semi-Final - Sat. November 11

Millwoods Maulers 42 Sylvan Lake Bears 6

Foothills Eagles 22 Sherwood Park Bulldogs 14

Championship - Sat. November 19

Foothills Eagles 63 Millwoods Maulers 26

TIER III

Championship - Sat. November. 11

Airdrie Storm 20 Sherwood Park Cougars 0

August 9-19 - Football Alberta Selects Camp - Maui

Oct. 5,6& 8 - Football Alta. Thanksgiving Jamboree

November 10 - Provincial Regional Semi-Finals

November 17 - Provincial Regional Finals

November 24 - Provincial Championship Finals

MINOR

February 17-18 - U of A Lineman Camp

April 13-15 - "South" Bantam Bowl Sel. Camp - U of C

April 20-22 - "North" Bantam Bowl Sel. Camp-U of A

June 8-9 - Stampeder Alumni Pee-Wee Dev't Camp

November 3 - Atom Provincial Championship

November 3 - Bantam Provincial Quarter-Finals

November 10 - Bantam Provincial Semi-Finals

November 10 - Pee-Wee Provincial Finals

November 17 - Bantam Provincial Finals

COACHING

March 9-10 - U of C/Football Alberta Coaches Clinic

March 10 - Football Alberta Coaches Awards Banquet

N.C.C.P.FOOTBALL TECHNICAL CLINICS -

Will be sent to you in Future Mailout

N.C.C.P. COACHING THEORY CLINICS -

Part A/Calgary

Jan. 6-7 – University of Calgary (contact 220-8197)

Jan. 20-21 – Talisman Centre (contact 233-8393)

Feb. 10-11 – University of Calgary (contact 220-8197)

Feb. 10-11 – Talisman Centre (contact 233-8393)

March 3-4 – SAIT (contact 284-7248)

March 17-18 – Talisman Centre (contact 233-8393)

Edmonton

Jan. 13-14 – Grant MacEwan (contact 497-5300)
Jan. 20-21 – Grant MacEwan (contact 497-5300)
Feb. 10-11 – Grant MacEwan (contact 497-5300)
March 3-4 – Grant MacEwan (contact 497-5300)
March 24-25 – Grant MacEwan (contact 497-5300)

Fort McMurray

March 10-11 – Keyano College (contact 791-8944)

Grande Prairie

Jan. 20-21 – G.P. Regional College (contact 539-2816)

Feb. 10-11 – G.P. Regional College (contact 539-2816)

Lethbridge

Feb. 10-11 – Lethbridge Comm.College (contact 320-3323)

Medicine Hat

Feb. 10-11 – Medicine Hat College (contact 529-3844)

Red Deer

Jan. 27-28 – Red Deer College (contact 357-3663)

Part B:

Calgary

Jan. 27-28 – Talisman Centre (contact 233-8393)

Feb. 24-25 – University of Calgary (contact 220-8197)

March 24-25 – Talisman Centre (contact 233-8393)

March 24-25 – SAIT (contact 284-7248)

Edmonton

Jan. 27-28 – Grant MacEwan (contact 497-5300)

Feb. 10-11 – Grant MacEwan (contact 497-5300)

March 17-18 – Grant MacEwan (contact 497-5300)

Grande Prairie

March 17-18 – G.P. Regional College (contact 539-2816)

Lethbridge

March 3-4 – Leth. Comm. College (contact 320-3323)

Medicine Hat

Mar. 31- April 1 – Medicine Hat College (contact 529-3844)

Red Deer

March 17-18 – Red Deer College (contact 357-3663)

Stony Plain

March 10-11 – Stony Plain Golf Course (contact 963-8604)

LEVEL III:

Calgary

Mar. 10/11 & 17/18 – U. of Calgary (contact 220-8197)

Edmonton

Mar. 24/25 & 31/Apr. 1 – Gr. MacEwan (contact 497-5300)

Grande Prairie

Mar. 24/25 & 31/Apr. 1 – G. P. College (contact 539-2816)

Cut out the Middle Man!

For More information on NCCP Theory Clinics go to:

www.cd.gov.ab.ca/asrpfw/programs/sports/3mncpp

**Website: Alberta Sport, Recreation, Parks
& Wildlife Foundation**

For inquiries about your current certification
go to:

www.coach.ca

Website: Coaching Association of Canada

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RESOURCE LIST

The following is a list of resources available through the Football Alberta office. Should anyone wish to access these resources please contact us at (780)427-8108. The prices are listed for both member (ie. those individuals whose teams have submitted Membership Fees to Football Alberta) and non-members. Additional GST and Shipping costs will be charged.

TACKLE RESOURCES

	<u>Member</u>	<u>Non-Member</u>
<u>Rule Books</u>		
Tackle Rule/Case Books	\$15.00	\$18.75
<u>Coaching</u>		
NCCP Level I Student Manual	\$75.00	\$92.50
NCCP Level II Student Manual	\$75.00	\$92.50
NCCP Level III Student Manual	\$85.00	\$106.25
Gino Fracas Book	\$10.00	\$15.00
Introduction to Football: A Guide for Novice Coaches	\$15.00	\$20.00
A Beginners Strength and Conditioning Program for Youth	\$15.00	\$20.00
<u>Equipment Managers</u>		
Purchasing and Maintaining Football Equipment Manual	\$15.00	\$20.00

TOUCH RESOURCES

	<u>Member</u>	<u>Non-Member</u>
<u>Rule Books</u>		
Touch Rule Book	\$15.00	\$18.75
Touch Case Book	\$15.00	\$18.75
Introduction to the Rules Manual	FREE	
<u>Coaching</u>		
Coaches and Teachers Instructor Manual	\$30.00	\$35.00
Touch Basics: Rules, Skills Strategies and Drills	\$15.00	\$20.00

**GST AND POSTAGE WILL
BE ADDED ONTO
ALL PRICES AT POINT
OF PURCHASE**

Breaking in the Rookies: How to deal with first time parents.

By Tim Enger

Introduction

Let's face it – football's a pretty popular sport. In Alberta it is a fixture on television via either CFL, NFL, or NCAA broadcasts from June to February (and if you add the Arena Football League it's all year!). Say what you want about the World Cup and Stanley Cup but annually Grey Cups are one of the biggest social occasions of the year. One would assume that it's pretty unlikely that everyone hasn't been exposed to our sport in one way or another over time. And yet, believe me – they exist.

Each year, the lines get longer and longer to sign up kids for minor football, and with them comes an increasing number of parents who have no idea what they are signing their kids up for. Most of the time, it's no big deal as both parent and child get to grow into the sport together, but based on the number of strange complaints were getting at the Football Alberta office lately, we thought it prudent to give coaches at that level a list of items to discuss with the newcomers to our sport to cut down on the potential misunderstandings that may affect a child's continuation in our sport.

A parent meeting at the beginning of each season is always a good idea. Sharing the coaching staff's philosophy, along with what to expect from the season can't hurt, but based on experience not everyone shows up at that meeting and usually it's the ones who need to be there the most that are absent. Therefore please print off the following list and at the very least present it to all first time parents along with a contact list of the coaches to clarify everything early. I'm sure you'd agree that agreeing to disagree politely with a parent in the pre-season is much better than a season long war or words with someone who just doesn't get it.

What to Expect from Football

1) Someone is going to hit your kid – and it's OK:

"I can't believe they could do that to my child," is a popular refrain from some parents who call us up with concerns over tackling and hitting in a normal game. It's true, to someone who has raised their kids to not hit others the action at a minor football game can come as quite a shock. At it can be worse if they watch a practice where certain "pit" drills are designed to accentuate contact. But, it's OK. The equipment that the players wear is probably the best protective equipment in sport and a great deal of time is spend by the coaches on how to give and receive a hit properly. Football has its fair share of injuries, but no more than most other popular sports such as hockey, soccer, skiing, basketball, etc. We wouldn't offer this sport to kids if it was a true hazard to their health and we have over 100 years of history to back that up. Really – it's OK.

2) Your kid may never see the ball – and it's OK:

If you come from other ball or puck based, goal oriented sports you're probably used to the fact that at some point your child will touch the basketball, puck, or soccer ball. With a limited number of people on the court, field or ice essentially doing the same athletic movements

SPORT SCIENCE

it's inevitable that at some point there is going to be contact between your child and the implement of play. It's a slam dunk guarantee in baseball where everyone, regardless of their position, gets a turn at bat. In football – not so much.

Now, there is nothing sinister about this fact, it's just reality. Of the 24 positions on a field (12 on offense and 12 on defense) at any time during a game – only 7 of them are designed to carry or receive the ball. Plus, at the younger levels anyone tagged with a "receiver" position is infinitely less likely to get any love from the ball than someone with a "runningback" position. That does not mean that the other positions are useless or not important. That runningback will be going nowhere unless the offensive line does it's thing and does it well, and unless everyone with a defensive position works hard, your team is going to get a lot of points scored against it.

In short, football has many positions that are so disparate that we need all sorts of body types in order to play this game. That is the beauty of our sport, but please understand that more than 2/3's of the players on the field are not supposed to get the ball unless a fumble or interception is at hand. Your child may be one of them but he/she still has an important job to do to ensure the teams success, so don't worry if they "get no touches" during a game. Really – it's OK.

3) Equal playing time is a myth – and it's OK:

I know that statement may seem cold and cruel in today's "fun first" world of youth sports, but it's also the truth, so put away those stopwatches and understand why this happens.

Coaches will bend over backwards at the younger levels to make sure that everyone sees the field for a significant period of time. But, unless you have 48 kids exactly on the roster who fit perfectly into each position it will be impossible for each kid to play exactly one half. Usually minor teams will have 25-35 players so someone is going to wind up playing the whole game while other may see only a half of play or less. Plus, you may have a scarcity of large bodies and plethora of tiny fast kids which means there might be no back-ups along a lines of play while wide receiver might be three deep on the depth chart.

To make matters more unsettling for parents, particularly with a hockey background, there are no "shifts" in football. Once an offence is on the field they get to stay on as long as they are making first downs or until they score. This could be less than a minute or the majority of time in a particular quarter. That quarter might also be the one in which your child was scheduled to play linebacker for that team and spent most of it on the bench waiting. This can be a source of frustration if you do not understand that there is nothing a coach can do about that, and that he has the best intentions to get your child some significant playing time but the game might not work out that way. Relax, it may go in your favor next week when your child's team's defense is on the field all day (which isn't necessarily a good thing ☺).

Some leagues have built in equal time scenarios for the youngest kids (i.e. at the Atom level in Calgary it's 10 plays for your team then 10 plays for the other), but most don't, so if you see your child playing a regulation game and want to judge playing time – your in for a long frustrating day. Playing time is just one of many things a

coach has to coordinate in a game. Trust that he'll do his best and just relax and enjoy the game. Really – it's OK.

4) You can't rotate positions – and it's OK:

"My kid would like to try quarterback this week." Nothing can send shivers up the spine of a minor football coach more than hearing that from the father or mother of one of his offensive linemen. And it happens more than you think.

People don't usually start their kids in football until later on in a youth sport context (i.e. 10 years or older), whereas they may have had their son or daughter in soccer or hockey since they were 4. At the youngest levels of other sports it's quite common for kids to play right wing one game then defenseman the next, or even to go from catcher to shortstop between innings. That's because even though there are noticeable differences in those positions they are essentially doing the same thing (i.e. moving a puck or catching a baseball) and are similar enough to allow kids to experiment with most or all of the positions while learning the basic skills of the game.

Unfortunately the same is not true in football. While some positions, mostly on defense, have similar duties (i.e. tackling), most like quarterback and offensive lineman have completely different job descriptions and therefore have a completely different basic skill set and need to be instructed completely differently. This may help you understand why we have a large number of coaches with your child's team. There are at least seven different base positions (i.e. quarterback, runningback, receiver, offensive line, defensive line, linebacker, and defensive back) that need to have separate instructions.

Therefore, just like in other sports, it takes time and practice to pick up the basic skills, so moving around from position to position means that they will have to start all over again each time they move since the basic skills differ greatly from position to position and as a result will have a very hard time improving at anything. Again, as mentioned above, not everyone gets to do everything, but if you take the time to understand the team nature of the game and that no one person is successful without the 11 other players on field with him doing their jobs to the utmost, then you can relax when your told your child is a tight end or safety. Really – it's OK.

5) Baby, it's cold outside – and it's OK:

With apologies to Dean Martin that statement is true as can be in these northern climes. Football is a sport that is played – plain and simple. Only extreme cold (like minus 30 type stuff) or electrical storms are supposed to stop the playing of it. Also – contrary to the way most City Recreation Departments operate their field usage – you're supposed to play in the rain too.

This is hard for many people to wrap around their minds and believe me, we in the sport know how unpleasant it can be out there in our province, but again that is one of the beautiful things about our sport. You are not going to melt if you get rained on, and you won't freeze either in the snow. Sports like baseball have to cancel in the rain because you cannot see or grip the ball properly in a downpour and that gets dangerous. Not in football, we can play it in any conditions. In a small way it's a great learning experience to have to do something hard (i.e. laying down a block) in adverse conditions (i.e. rain). With

so many character building opportunities being removed from the youth of today this is one we're proud to remain with our sport. Plus, you need to understand that strategy learned in practice is infinitely more important in football than it is in more free flowing sports such as basketball or hockey. Therefore, your kid needs to BE THERE, or don't even dream of complaining about lack of playing time.

Now, rest assured that on cold days most teams or leagues will take it upon themselves to provide heaters on the sidelines for players and coaches will properly instruct the players on how to dress for the cold. As well, yes, the fields do get harder and possibly icy when they freeze, but correspondingly the speed at which the game gets played slows down along with the force of the hitting. Remember, the players are wearing the best equipment to deal with contact that is available and that includes contact with the ground. Therefore, know that unless you're notified in advance all practice and games will take place as scheduled come rain, sleet, snow and wind. Buy that umbrella and stock up on hand warmers early – because we live in Alberta, not California. Really – it's OK.

5) Things that look bad that aren't – and it's OK:

Passing judgment on others is almost a cottage industry in the world of minor sports. Apparently most youth sports are crawling with unethical, mean spirited, no nothing coaches whose only desire is to demean and embarrass kids at any cost. Or, at least that's what we hear. The truth is, obviously, that volunteer coaches are no more perfect than the next person, but realistically we feel they need to be given more of the benefit of the doubt than they have been in recent years. Again, it is probably due to lack of experience with the game that causes the misunderstandings that drive the complaints. This is not to say that there might be some legitimate complaints that have merit, but here are a few situations that may look a lot worse than they are and like we said above may need some benefit of the doubt given before calling in the cops:

a) Yelling – Let's state it clearly right up front that profanity has no place in the game, regardless of the level of play. It is the refuge of a weak mind and by all means if your child's coach is using it like an adverb you have every right to ask him to tone it down. However, this may not apply to yelling in general. Football is loud game by nature and with many player spread out over a large area the raising of voices comes naturally. Corrective statements, encouragement, instructions all can come across loudly and could seem rather brusque. This doesn't necessarily make it bad. Yelling in the heat of battle may come with heightened emotions, but unless they are singling out your child with some choice words you can't say on TV, let it be. It's been a part of the game forever, & adds to the passion.

b) Benching – So, what do **you** do with your child when he or she misbehaves? Coaches have few options when it comes to players stepping over the line either in their deportment on field or their behavior towards opponents, officials, teammates or coaches. The most popular of these options is "benching" or not allowing the player to continue playing. If you notice your child is in one of these situations, we're not asking you to totally take the coaches side but simply think it through in that a coach wouldn't take such drastic measures unless something truly untoward has happened. At the end of the day, he is responsible for

the behavior and operation of the team – just like you are in your house with your family – so unless you want to be grilled every time you send a child to their room for misbehaving, cut the coach some slack and realize that there is more than likely a legitimate reason for his decision. Everyone loves their children but if you're honest with yourself you'll realize that they too are not perfect and entirely capable of making a mistake or choosing an inappropriate attitude (Lord knows mine do ☺). Talk with the coach if you wish but a confrontational attitude will not make the situation any better. There may be many reasons for a child to not be getting onto on field up to and including having the player tell the coaches he doesn't want to play anymore (which happens more than you think at the Atom level). All we're saying is jumping to the conclusion that the coach "has it in" for your child is probably the least likely scenario taking place.

c) Blowouts – "That @#%& coach is running up the score against our team on purpose!" Happens all the time - right? One of the downsides to football is that blowouts do happen, and it's too bad but it is a reality. Sometimes, a coach or coaching staff will come along and develop a team into a well oiled machine. Add some talented players and you've got a juggernaut capable of scoring bundles of points and shutting out opponents at will. Due to the nature of the game, the numbers it takes to field a team and the short season there is very little "tiering" that can take place to balance competition that you might be used to in other sports. As a result there is normally only one level of play for your child's team, therefore you get to experience the good, the bad, and the ugly teams all on the basis of proximity. Therefore, there might be a 50-0 game on your horizon with the score not in your favor. What were asking for is that before you leap to a negative conclusion you may consider that the coach of the winning team in that circumstance might not be the devil you take him for. In fact – he just might be a very good coach doing a great job with the kids he's coaching.

Having said that, here are some thing to look for in a blowout situation that can give you a clue to whether the opposition (or in some cases your team), is doing all they can to keep the score differential from becoming worse. A good measuring stick is what happens once a team is up by 30 or more points in the second half. Are they:

- **Substituting freely?** The most noticeable subs will be a quarterback and runningback and should be of lesser talent than the starters.
- **Running in between the tackles?** What this means is, are their offensive plays run mainly between the ends of the offensive line where there is the best chance for the defense to limit the gain.
- **Punting on third and short?** Sure they could probably get the first down if they went for it with one or two yards to go, but instead they punt.
- **Not passing or taking any timeouts?** These are clock stoppers and prolong the game. Good coaches know this and will avoid this at all costs.
- **Calling off the dogs?** No more blitzing on "D".

It may well be that the scoring will continue because the subs that are now in the game are still going to be trying their best, however if you notice the above situations taking place it's best just to shrug and think about getting them

next time, because the coach on the high end of the score is honestly doing what he can to keep things down. Now, if you notice that the starters are still on the field, the offense is passing like crazy and their bench is still cheering lustily once the score reaches 70-0 feel free to express your opinion, but normally the coach on the winning side of the ball is just a good man who has done a very good job developing a team. He shouldn't be demonized for being successful and nothing will be gained from organizing the rest of the villagers to take up pitchforks and torches against him. Sometimes you're the bug and sometimes you're the windshield. Take your child and some teammates out for a treat after the game and all will be forgotten. Really – it's OK.

In closing, it must be mentioned again that not everyone is perfect, and that includes you, me, and every coach your child will experience. As well, some coaches may have ways of operating their teams that you might find distasteful just in general. It happens, but as long as he has been up front about the way things are going to be (i.e. in regards to playing time, behavior expectations, etc.) and is following through on what he had said, nothing can be gained by a confrontation or complaint. If it's not your cup of tea your only two choices are to remove your child from the team or simply agree to disagree. Nobody gets into coaching to harm or demean kids. You wouldn't – so to assume that others would is kind of out there. So relax, enjoy the sport for what it has to offer. If your child is coming home each day claiming that he or she is enjoying the experience then don't sweat the small stuff. Join in, participate, rise and fall with the team and you won't regret it. Thanks for signing your child up to play and we look forward to having him/her as a part of our family!



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HIGH SCHOOL

Football Alberta Names New Team Alberta Staffs

Football Canada has taken great strides over the past decade to increase the opportunities for elite player development in our country. One of the bright spots on their resume has been the operation of the Football Canada Cup since 1995. The Football Canada Cup is a National Championship for high school aged tackle football players. Each summer Provinces from around the country have formed Provincial Teams to compete at the Football Canada Cup.

Alberta has been no stranger to this process having sent teams to compete each and every year coming home with 5 Gold, 4 Silver and 2 Bronze since events inception. Now the stakes get even higher as the event has been divided into a Under 19 division and a Under 17 division which basically means that provinces can send High School Senior and Junior All-Star Teams.

The concept of the U17 division is more developmental and participatory than the U19 which is still considered elite therefore each province can send more than one U17 which Alberta has chosen to do starting this summer. Similar to our Senior Bowl program, "North" and "South" U17 team Selection Camps will be run in April and once selected those teams will not get together again until training camp in July and they will both advance to the Football Canada Cup. The U19 will still be a single entity for Alberta and will be chosen via the Senior Bowl as it has for the past 11 seasons.

Here are lists of the coaching staffs that will be

charged with running all three Team Alberta's this summer. They are just beginning their three year terms.

Under 19 Team Alberta

Head Coach - Tim Enger (St. Albert)

Assistants - Dan Aloisio (Sherwood Park)
Glen Bowie (Lethbridge)
Cam Fraser (Sherwood Park)
Mark Kilam (Calgary)
Quinn Skelton (Medicine Hat)

Under 17 Team "North" Alberta

Head Coach - Jay Hetherington (Red Deer)

Assistants - John Belmont (Edmonton)
Gerald Foster (Leduc)
Scott Smith (Sherwood Park)
Barclay Spady (Sherwood Park)
Brendan Toner (Fort McMurray)

Under 17 Team "South" Alberta

Head Coach - Bill McConkey (Calgary)

Assistants - Tim Bryson (Claresholm)
Ian Couture (Calgary)
Jason Hutchins (Calgary)
TBA (TBA)
Graeme Tomlin (Calgary)

Hawaii Calls!

Based on last year experiment we may have the football experience of a lifetime for high school aged football players who are not involved with the U17 program. Last August Football Alberta ran its inaugural "Alberta Selects" camp which was open to application from players all over the province. It featured a two day camp in Calgary followed by a 8 day trip to Hawaii for the continuation of the training camp and winding up with a game vs. Kealakehe High School in Kona.

While in Hawaii the players were subject to a practice in the morning, an educational session at lunch (i.e. Drug Education etc.), and activity in the afternoon (i.e. beach day, shopping, etc.) and another practice in the evening. Highlights included a Luau Cruise and a fabulous snorkel cruise up the Kohala Coast of the Big Island.

Despite the fact that we lost the game 36-0 to the Waveriders, the tour was a huge success and offered what many schools are now doing by giving their players a memory of a lifetime by traveling to an exotic location while participating in the sport that they love.

Based on that Football Alberta will once again be offering the Alberta Selects Camp this summer. This year will feature a game vs. King Kekulike H.S. on Maui. King Kekulike is last years Hawaii Division II State Champions and will tentatively be hosting the Alberta Selects on Friday, August 17th. The camp will run in Calgary from August 9-10 and in Maui from the 11-17 with the players returning to Alberta on the 19th. Any player who will be playing high school football in the fall of 2008 is eligible to attend. Should you know of an interested individual have them get in touch with the Football Alberta office at (780)427-8108 or check out our

website at www.footballalberta.ab.ca Mahalo!

BANTAM

Bantam Bowl II a Go this Spring!

The second ever Bantam Bowl will go again this spring with two selection camps in April followed by the Main Camp and Game over the May long weekend. The Bantam Bowl was conceived to make up for the off-years when the Alberta Summer Games were not offered. This event is only open to graduating Grade 9's.

The concept is the same as the Senior Bowl with a North and South teams being selected to compete in an all-star game. The Selection Camps will run in conjunction with the U17 tryout camps on these weekends:

South: April 13-15 at McMahon Stadium in Calgary

North: April 20-22 at Foote Field in Edmonton

Application forms will be sent out to all of last year bantam football coaches for them to pass along but in case that system breaks down, application forms will be posted on the Football Alberta website at www.footballalberta.ab.ca