

# WIDESIDE

THE OFFICIAL NEWSPAPER OF FOOTBALL ALBERTA  
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SPRING 2007  
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## UPDATES:

- The 18th Annual **Senior Bowl** High School All-Star Game will be played on **Monday, May 21, 2007**. Game time is **12:00 p.m.** at **McMahon Stadium** in **Calgary**. Both teams have been selected are listed inside this issue.
- As well Football Alberta will also be hosting the 2<sup>nd</sup> **Bantam Bowl** on **Monday, May 21, 2007** at **Foote Field** in **Edmonton**. The Bantam Bowl is designed to make-up the gap between Alberta Summer Games and honour the top graduating Bantam's with an all-star game pitting the North vs. the South ala the Senior Bowl. Both teams have been selected and are included in this issue.
- Football Alberta is set to once again field a U19 Provincial Team in the **Football Canada Cup**. This years event is scheduled for **Lennoxville, Quebec** from **July 7 - 15, 2007** and will field teams from Manitoba, Ontario, Quebec, and Saskatchewan. Alberta is coming off it's first ever non-medal performance and this year will be joined by two new additions to the Football Alberta family as our province will also field a "**North**" and a "**South**" Team at the **Under 17** event also at the Football Canada Cup. The U17 teams have already been selected and are included in this addition while the U19 team will be selected out of the Senior Bowl.
- Thanksgiving Weekend is set again to host the **12th Annual Football Alberta Thanksgiving Jamboree** that will take place from **Friday, Oct. 5 through Monday, Oct. 8**. This year's event will once again be held at two sites – Calgary's **McMahon Stadium** and the **University of Alberta's Foote Field** - over that weekend. If your team is interested in participating please check out the the online registration form. There has already been a mailout sent out for this event and things are filling up fast, however if you are still interested it will be first come first served with no team considered registered until the **\$250 registration fee** is in. As usual, all rental and official fees plus paramedical coverage included.
- Check out the **Football Alberta Web Page**. Located at [www.footballalberta.ab.ca](http://www.footballalberta.ab.ca) it will continue the distribution of information about football in our province via the Internet.
- **A.S.A.A. High School provincials** are scheduled as follows for all four Tier's in 2007:  
**Quarterfinals: Saturday, Nov. 10**  
**Semi-Finals: Saturday, Nov. 17**  
**Finals: Saturday, Nov. 24**
- The dates for the **Minor Football Provincials** have also been set for 2007. Since the Capital District Minor Association is still the only group offering Atom (age 9-10) football its championship game on Nov. 3 will also be considered the Provincial Title Game. Otherwise the complete schedule for Pee-Wee and Bantam featuring the new Tiers for Provincial competition that were introduced two seasons ago are included on our website. Each league had a choice as to which levels they will be fielding teams in based on a format developed by Football Alberta. This year we will be filling up byes with second place teams from participating leagues on a rotational basis.
- **Sport Outreach Scholarships** that have been available in the past for the **U of A** and **U of C** Summer Football Camps through the **Alberta Sport Recreation Parks and Wildlife Foundation** are not available this season. Further updates will be included in future editions. However, the Football Alberta Scholarship forms for first year post-secondary players are available on our website. See the Executive Director's report for more details.
- Thanks go out to the coaching staffs of the five elite programs in Alberta for their support of the Senior Bowl Selection Camps. Due to their efforts we were able to run two complete full weekend Selection Camps in both regions with the added challenged of the U17 and Bantam Bowl selections taking place as well. Special recognition goes to head coaches **Blake Nill** (U of C), **Jerry Friesen** (U of A), **Gary Durchik** (Wildcats), **Beau Mirau** (Huskies), and **Keith Kendal** (Colts).
- The **Alberta Summer Games** have been announced for 2008. They will take place in **Medicine Hat** from **August 7-10, 2008**. This will mark the seventh time tackle football has been a part of the Alberta Summer Games and with more and more bantam teams joining up each year the competition between the Zones should be greater than ever.

**EXECUTIVE DIRECTOR'S Spring/07 Report –  
Brian Fryer**

**PULL YOUR PRICE & DONATE BOOKLET -  
ANNUAL TEAM FUNDRAISING PLAN**

**Order 40 Books and Make \$2,400....Is Your  
Team Interested?**

We at Football Alberta are pleased to offer once again our winning fundraising campaign. We are offering a highly successful team fundraising plan, based on a **pull ticket donation** concept. This year teams will make \$2,400.00 with 40 books ordered. This works out to a **75% profit** from each book sold. We are excited to offer a successful "**Pull Your Price & Donate**" book. The books have a \$80 value and no More Scratches. The prize board features a **Grey Cup Package**. Draw Date is November 3, 2007.

***Grey Cup/Vanier Cup Deluxe Package(Thru FARLIE TRAVEL)***

(Valued at \$3,700.00) – Draw Date: Nov. 3<sup>rd</sup>, 2007. Includes:  
- 2 Tickets to the 2007 Grey Cup in Toronto - 2 Tickets to the 2007 Vanier Cup in Toronto, same weekend  
- 4 Nights Hotel at the downtown Sheraton - Airfare for Two from Edmonton - Airport Transfers  
- 2 tickets to the Spirit of Edmonton Breakfast sponsored by **FARLIE TRAVEL**, at the Sheraton

**HOW THE PROGRAM WORKS:**

You start with a Football Alberta - "Pull Your Price & Donate" booklet that contains 50 tickets. Players, coaches, and parents approach their favourite people and ask them to Pull Out a ticket & donate the amount on the ticket in support for your football program. Donation amounts range from Free to \$2.50. There are 5 Free per book.

Each book generates \$80.00, of which you keep \$60.00 in profit. Remember out of the \$20, a certain percentage goes towards the printing of the books and the balance goes to us. We then pay for all of the prizes and the rest is put towards all of the other programs we offer to amateur football programs. By participating in our fund-raiser the dollars raised stay in amateur football teams in Alberta, not anywhere else. **Consider adding \$80 to players registration and hand him a book.** All books are then sold upfront.

**ORDER FORM**

**Payment Method:** Check One

Check Enclosed \_\_\_ Visa \_\_\_ MasterCard \_\_\_ Card-  
Holder Name \_\_\_\_\_  
Card # \_\_\_\_\_  
Expiry Date \_\_\_\_\_

Team Name: \_\_\_\_\_  
Contact Name: \_\_\_\_\_  
Address:(NoBox#) \_\_\_\_\_

\_\_\_\_\_ P.C. \_\_\_\_\_  
Phone: B \_\_\_\_\_ H \_\_\_\_\_  
Fax \_\_\_\_\_ Email \_\_\_\_\_

Please ship us (quantity) \_\_\_\_\_ books @ a cost of \$20 per book. Payment to be received first.

Date books are needed: \_\_\_\_\_

**MEMBERSHIP INFO**

<b>PLAN #1</b>	<b>TACKLE</b>	<b>HIGH SCHOOL: \$106/team fee</b> <b>PLU</b> \$12.50 per Player, \$14 per Executive,
<b>PLAN #1</b>	<b>TOUCH, FLAG &amp; SENIOR MEN</b>	\$9.50/Player (No Team Fee) \$12.50/Player (No Team Fee)

Plan#1 includes \$3 Million Liability and Accident insurance.  
Plan #2 does not include insurance and teams can be members with just a team fee. (This Plan is for basically high school teams that have adequate insurance thru the school).

**FOOTBALLALBERTA SCHOLARSHIP PROGRAM**

**ELIGIBILITY & PROCEDURES**

- Applications will only be received from Alberta tackle football high school programs that are confirmed paid members of Football Alberta in the year of received application.
- The applicant must be a graduating Grade 12 player having played tackle high school within the Alberta Schools Athletic Association (ASAA) system.
- The recipient must be registered in full time (as stipulated by the institution) attendance at an accredited Alberta post-secondary institution all year or both semesters. Program study must be a minimum two (2) years in duration.
- The Applicant must be participating on a post-secondary Alberta football team of their choice during the year of application while attending the 2 year post-secondary program.

**WHAT IS AVAILABLE/REGIONS**

- Five (5) scholarships valued at **\$1,800 each** are available for the 2007/2008 academic year.
- 5 x Scholarship/Award regions with each demographically equal region having the capability of receiving at least one award winner each year. Regions will be Northern Alberta, Edmonton, Central Alberta, Calgary and Southern Alberta based on approximately the same number of teams in each region. Application forms on our website.

**Please send completed application to Football AB by:**

**\*Deadline: June 4, 2007**

Must be received in the Football AB office by 4:00 pm and not postmarked.

**NEW TEAMS FOR 2007**

New teams that are applying for a Minor Development Grant are:  
- Northern Raiders Midget (Airdrie) - Fox Creek Flames (H.S.)  
- South West Bantam - Rundle College (H.S. Calgary)  
- St. Albert Minor (Midget, Atom and PeeWee team)

**ALBERTA SPORTS HALL OF FAME WINNERS** -

Congratulations to the Edmonton Eskimo 1954-55-56 Grey Cup teams as football related inductees to the Hall of Fame. The banquet and induction ceremonies will be on June 1, 2007 in Red Deer.

## **CONCUSSION & INJURIES IN FOOTBALL FREE SEMINAR**

– You are invited to an educational evening on this topic for Calgary and area football coaches, managers and trainers at all levels. When:

**May 27 at 6 pm at Notre Dame High School**, 11900 Country Village Link NE Calgary. RSVP to Dr. Neil Copper, HC of the Hilltoppers at [coopernd@telusplanet.net](mailto:coopernd@telusplanet.net).

## **ALBERTA PLAYER SIGNINGS TO DATE**

**Patrick MacDonald** (6'2" 247 lbs), Defensive Lineman and Long-Snapper, of the **University of Alberta Golden Bears** football program has signed a three-year free agent contract with the New Orleans Saints of the NFL. The 25 yr old becomes the second U of A Bear in history to earn an opportunity with a NFL organization. Brian Fryer, the only Alberta Hec Creighton Award Winner in school history, was drafted by the Washington Redskins as their third pick in 1976, only rookie to make the team and played four games for the Skins that season before later helping the Edmonton Eskimos win those five-in-a-row Grey Cups (1978-82) in a ten year career.

### **Tulsa Players Sign Free Agent Contracts**

Hameister-Ries signs with NFL team; Perrett signs two-year deal with CFL's Montreal Alouettes

**May 1, 2007**

**Tulsa, Oklahoma** - Two Tulsa football seniors have signed free agent contracts with National Football League (NFL) teams since this past weekend's NFL Draft, while one will return to his home country to sign with the Canadian Football League.

A two-year starter at offensive guard for the Golden Hurricane, [Jon Hameister-Ries](#) (6-6, 308) agreed to terms with the Arizona Cardinals. He played and started in 26 career games, as all of those starts came consecutively in the last two years. Hameister-Ries earned Coaches all-C-USA second team honors as a senior. Jon played high school football at **Strathcona High School** in Edmonton, Alberta.

Offensive tackle [Jeff Perrett](#) (6-7, 320), from **Taber**, Alberta, Canada, signed a two-year contract plus an option with the Montreal Alouettes. He was drafted last year by the Canadian Football League team.

Perrett was a four-year starter at right tackle. He played in 50 career games and started each one, including 48 straight games to finish his collegiate career. He was a first-team all-Conference USA selection by both the league's coaches and media as a senior, and earned third team merits his junior season.

## **UPCOMING EVENTS**

### **UNIVERSITY/JUNIOR/OTHER**

**May 1-4** - Edmonton Wildcat Spring Camp

**May 11-13** - Calgary Colts Spring Camp

**May 11-13** - Edmonton Huskies Spring Camp

**May 12** – CIS All-Star Game - Laval

\* - all above listed dates are subject to change

### **HIGH SCHOOL**

**May 5** - U of Alberta QB Camp

**May 18-20** - Senior Bowl Main Camp

**May 21** - Senior Bowl High School All-Star Game

**TBA(May)**- Edmonton Eskimo High School Dev't Camp

**July 4-7**- Team Alberta Training Camps – Edm./Cal.

**July 8-15** - Football Canada Cup – Lennoxville, PQ

**August 9-19** - Football Alberta Selects Camp - Maui

**Oct. 5,6& 8** - Football Alta. Thanksgiving Jamboree

**November 10** - Provincial Regional Semi-Finals

**November 17** - Provincial Regional Finals

**November 24** - Provincial Championship Finals

## **MINOR**

**February 17-18** - U of A Lineman Camp

**April 13-15** - "South" Bantam Bowl Sel. Camp - U of C

**April 20-22** - "North" Bantam Bowl Sel. Camp-U of A

**June 8-9** - Stampeders Alumni Pee-Wee Dev't Camp

**November 3** - Atom Provincial Championship

**November 3** - Bantam Provincial Quarter-Finals

**November 10** - Bantam Provincial Semi-Finals

**November 10** - Pee-Wee Provincial Finals

**November 17** - Bantam Provincial Finals

## **COACHING**

### **N.C.C.P. GENERAL THEORY CLINICS**

**Part A** (formerly Level 1)

#### **Calgary**

May 26-27 – Talisman Centre (contact 233-8393)

June 16-17 – University of Calgary (contact 220-8197)

July 21-22 – University of Calgary (contact 220-8197)

July 21-22 – Talisman Centre (contact 233-8393)

#### **Edmonton**

May 5-6 – Grant MacEwan College (contact 497-5300)

May 26-27 – Grant MacEwan College (contact 497-5300)

June 2-3 – Grant MacEwan College (contact 497-5300)

June 23-24 – Grant MacEwan College (contact 497-5300)

#### **Grande Prairie**

May 5-6 – Grande Prairie College (contact 539-2816)

**Part B** (formerly Level 2):

#### **Calgary**

June 16-17 – Talisman Centre (contact 233-8393)

June 23-24 – University of Calgary (contact 220-8197)

Aug. 11-12 – University of Calgary (contact 220-8197)

August 18-19 – Talisman Centre (contact 233-8393)

#### **Edmonton**

May 12-13 – Grant MacEwan College (contact 497-5300)

June 16-17 – Grant MacEwan College (contact 497-5300)

#### **Grande Prairie**

May 26-27 – Grande Prairie College (contact 539-2816)

#### **Lethbridge**

May 5-6 – Lethbridge Comm. College (contact 320-3323)

#### **LEVEL III:**

#### **Calgary**

Aug. 11-12/18-19 – University of Calgary (contact 220-8197)

#### **Edmonton**

May 26-27/June 2-3 – Grant MacEwan (contact 497-5300)

#### **Red Deer**

April 19-22 – Red Deer College (contact 357-3663)

## **OTHER**

### **Athletic First Aid**

### **Taping and Strapping**

### **Sport Nutrition**

### **Contact the**

**Sport Medicine Council of Alberta  
(780)415-0812**

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## **AWARD WINNERS**

### **2006 FOOTBALL ALBERTA AWARD WINNERS**

Here are the Award Winners for the 2006 Season as voted on by the Football Alberta Board of Directors from nominations submitted by the membership at large and awarded at the Annual Coaches Awards on Mar. 10, 2007.

#### **Gary Hobson Award**

For over 17 years Dennis Wickham has been a major part of the growth and development of minor football in Southern Alberta. Starting in 1989 as a coach with the Coaldale bantam team and moving his appointment as a director of the Southern Alberta Minor Football Association, Dennis is now the Commissioner of SAMFA and current District Representative for Zone 1 with Football Alberta. Through his tenure he has overseen the continual growth of SAMFA and has been instrumental in the conduction and development of Football Alberta Minor Provincials. As well he has found some time to continue as an on-field official which he has done since 1998. A true football man with a passion for the game and giving back to the sport he loves we are proud to present the Gary Hobson award for 2006 to Dennis Wickham.

#### **Harold Ferguson Official of the Year**

John Nicol has been involved with the officiating of football for over 30 years. Starting in 1974 John coached local games in both Edmonton and Calgary and eventually rose to the ranks of Prairie Junior official in 1980 and University official in 1981. He was appointed a head referee at the University level in 1990 and was chosen to do the Atlantic Bowl in 1993. As well as his on-field pursuits, John has made an immense contribution off-field as well serving on the boards of the Calgary Football Officials Association and Football Alberta and also serving as an instructor and assignor since his retirement from on-field duties in 2003. For long term continual service to our sport in an officiating capacity it is a pleasure to present this year's Harold Ferguson Official of the Year to John Nicol.

#### **Novice Coach of the Year**

Having taken over the head coaching duties of the bantam aged Coaldale Bears, Ben Swen has lead a

go to:

[www.coach.ca](http://www.coach.ca)

Website: Coaching Association of Canada

resurgence of sorts for the Bears program having lead them to their first top 4 finish in the Southern Alberta Minor Football League in seven years. Credited with implementing a system that stresses proper fundamentals and character building for his players both on and off the field, Ben also served as a tutor for some of his players all the while taking a full load of courses at the University of Lethbridge. Under his leadership his coaching staff was named Coaching Staff of the year for SAMFA and we are very proud to present this years Novice Coach of the Year to Ben Swen.

#### **Atom/Pee-Wee Coach of the Year**

As well as guiding the Bishop Carroll Cardinals to the Calgary High School Division III Championship game, Brian McCorquodale lead the Pee-Wee Bulldogs to glory as well in 2006. First capturing the Calgary and area Pee-Wee Championship, Brian lead the Bulldogs to their first ever appearance in the Pee-Wee Provincial Tier I Championship Game. Although they lost a close one to the St. Albert Riders in that game the heart, determination and execution of the Bulldogs was very impressive and those players who experienced Coach McCorquodale and his staff and very fortunate indeed. With that we are proud to name Brian McCorquodale as this years Atom/Pee-Wee Coach of the Year.

#### **Bantam Coach of the Year**

What can you say about Jim Skisko of the Sherwood Park Rams? In his eleven season at the helm of the Rams they have won 8 Capital District Championships and 6 Provincial Tier I Championships including the last four in a row. In addition to that this past summer he headed up the Zone 5 Black Gold Extreme Team that won its second consecutive Gold Medal at the Alberta Summer Games in Red Deer. Those on field accomplishments are amazing in themselves but when combined with the professional and first class manner in which he conducts all matters in association with the Rams makes Jim a truly special coach indeed.

#### **High School Tier IV Coach of the Year**

2006 was the season that the Willow Creek Cobras finally kicked down the door. From the inception of Tier IV provincials the Cobras have been a consistent participant. They got as far as the quarterfinals in 2000, took the next step to the semi-finals from 2001-2003 before breaking through to the Provincial Final in 2004-

2005. However both of those experiences saw the Cobras come up short in the Final, however the third time was the charm in 2006 as Willow Creek advanced to their third straight Provincial Final and won a thriller over the Sexsmith Sabres 28-27. For this and his many years of developing Willow Creek into a flagship program in our province we are proud to award the Cobras head coach Tim Bryson as the Tier IV Coach of the Year.

#### **High School Tier III Coach of the Year**

After a long illustrious career in coaching, Wetaskiwin Sabre Head Coach Don Loov has been rewarded with a Provincial Tier III Championship in 2006. In 23 years of coaching for the Sabres, Don has seen the good and the bad as he is credited with single handedly keeping the Wetaskiwin program alive in the late 90's to the point where now it has once again risen to the top. A great man and a great coach it is an honor to present the Tier III Coach of the Year Award to Don Loov.

#### **Laurie Robertson H. S. Tier II Coach of the Year**

For anyone who knows high school football, you know that the Foothills Falcons were practically unstoppable in 2006. But for a mid-season loss to Raymond, the Falcons ran the board and won their third Provincial Tier II Championship in the last seven seasons. Heavily involved in the development of the sport of football in the Okotoks area, Kevin has created one of the most consistently successful high school programs in Alberta and for that we are proud to present him with the Laurie Robertson Tier II Coach of the Year Award

#### **Frank Morris High School Tier I Coach of the Year**

Cam Fraser and the Salisbury Sabres completed a dream season in 2006 that not only saw the Sabres go undefeated but also capture their first Provincial Tier I Championship since 1986. His innovations to his program, such as the development of a top of the line weight training centre and trips to Southern California, are paying off in spades. The Sabres are regarded as a classy, well coached team, mainly due to the leadership provided by their head coach and for that we are honored to present this years Frank Morris Tier I Coach of the Year to Cam Fraser.

#### **Norm Kimball Coach of the Year**

For taking the Edmonton Wildcats of the Prairie Junior Football League to heights they haven't experienced in 23 years, Gary Durchik is an excellent choice for the Norm Kimball Coach of the Year Award. After going undefeated in Prairie Conference play for the first time in their history, the Wildcats won the league championship for the first time since 1983 and followed that up with a victory over St. Leonard in the Intergold National Semi-Final to advance to the Canadian Bowl. But for a last second field goal from the Vancouver Island Raiders to spoil the perfect season the Wildcats were just heartbeats away from a National Championship. Regardless, the job that Gary and his staff have done during his tenure has been remarkable therefore it is our extreme pleasure to present the Norm Kimball Coach of the Year Award to the Head Coach of the Prairie Conference Champion Edmonton Wildcats – Gary Durchik.

#### **Life Membership Award**

To say that Stan Schwartz has been a major

contributor to the development of football in Alberta would be an understatement. In over 50 years of contributing to our sport Stan has seen action as a player, coach, sport administrator and builder. A native of Medicine Hat, Stan is best known for his work with the Calgary Stampeders of the CFL where he has served in various capacities such as Assistant Coach, President, and currently in administration with the club. As well he has served as the Senior Executive Manager of McMahon Stadium and oversaw the development of that facility into one of the finest amateur sport facilities in North America hosting over 600 events a year, and was the key point man for that Stadiums usage in the 1988 Winter Olympic Games. Along with his professional football affiliations Stan has always been a tireless contributor to football at the amateur level assisting Calgary Bantam, Calgary Pee-Wee and the Calgary Colts with many fundraising activities throughout the years and is currently a director on the board of the Greater Calgary Amateur Football Association which is dedicated to providing new and improved facilities for all levels of football in the Calgary area. The list of his accomplishments goes on much farther than this but its suffice to say that Stan has given his all to the game for a very long time and for that we are proud to present him with a Life Membership Award to Football Alberta.

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15 years.

## SENIOR BOWL

### 18TH ANNUAL SENIOR BOWL GAME SET TO GO FOR MAY 21<sup>st</sup>!

With each year the opportunity for young athletes who have chosen football as their sport during their high school years to have elite experiences grows.

Over two weekends in April the annual process of selecting the "North" and "South" Senior Bowl All-Star teams was completed in both Edmonton and Calgary.

As usual the ever increasing levels of talent made the choices very difficult for the coaching staffs selected to run the "North" and "South" Teams.

The game is scheduled for 12:00 p.m. on Monday, May 21st at Calgary's McMahon Stadium. Tickets are available at the door for \$7.50.

Here are the rosters as selected:

### "NORTH" TEAM- Sen.Bowl

#### Quarterbacks

Marcel Gauthier (Sexsmith)  
Tayler Ostapowich (Wetaskiwin)

#### Runningbacks

Jonathan Gaydosh (Peace River)  
Kris Gibson (Jasper Place - Edmonton)  
Justin McEvoy (Salisbury)  
Robin Pawlowich (Ross Sheppard - Edmonton)

#### Receivers

Charles Bouchard (Wetaskiwin)  
Blair Brook (Leduc)  
David Cardinal (St. Paul)  
Matt Dobko (Salisbury – Sherwood Park)  
Duncan Hankinson (Salisbury – Sherwood Park)  
Paul Irwin (Archbishop O'Leary - Edmonton)  
Ryan Moulds (Bellerose – St. Albert)  
Kyle Ward (Ross Sheppard - Edmonton)

#### Offensive Line

Cam Argue (Salisbury – Sherwood Park)  
Cordel Corothers (McNally - Edmonton)  
Thomas Fry (Holy Trinity - Edmonton)  
Christopher Kaminski (Holy Trinity - Edmonton)  
Blake Kilburn (Fort McMurray)  
Darcy Hinds (Salisbury – Sherwood Park)  
Mitch McKiel (Ardrossan)

#### Defensive Line

Luke Ford (Wainwright)  
Aaron Harisimiuk (Archbishop Jordan – Sherwood Park)  
Shawn Hutton (Ardrossan)  
Christopher Jarvis (McNally - Edmonton)  
Kelly Temple (Sexsmith)  
Michael Woods (Fort McMurray)

#### Linebackers

Trenton Durand-Pumbrun (Hinton)  
Mike Larsen (Beaumont)  
Hugh O'Neill (Ross Sheppard - Edmonton)\*  
Brent Pilgrim (Fort McMurray)  
Jarod Sheideman (Parkland – Spruce Grove)

Nick Weir (Salisbury – Sherwood Park)

### **Defensive Backs**

Jeff Badry (Grande Prairie)

Rhys Coppens (St. Francis Xavier - Edmonton)

Blair Ector (Fort McMurray)

Cayce Kerr (Austin O'Brien - Edmonton)

Kurtis MacDonald (Archbishop Jordan – Sherwood Park)

Darin McConnell (Whitcourt)

William Quintal (Grande Prairie)

## **"SOUTH" TEAM-Sen.Bowl**

### **Quarterbacks**

Lance Karl (Foothills - Okotoks)

Trent Peterson (Lord Beaverbrook - Calgary)

### **Runningbacks**

Dane Kerluke (Lord Beaverbrook - Calgary)

Brad Lively (Centennial - Calgary)

Cody Skeldon (Foothills - Okotoks)

Matthew Walter (Bishop O'Byrne - Calgary)

### **Receivers**

Jordan Compton (Winston Churchill - Lethbridge)

Braeden George (Lord Beaverbrook - Calgary)

Kaja Heister (Foothills - Okotoks)

Denton Lafournie (Catholic Central - Lethbridge)

Mark McConkey (Lord Beaverbrook - Calgary)

Anthony Parker (Foothills - Okotoks)

Richard Snyder (Henry Wise Wood - Calgary)

### **Offensive Line**

Brenden Bennett (Foothills - Okotoks)

Joe Campbell (John G. Diefenbaker - Calgary)

Michael Dereniwski (Medicine Hat)

Alex Krausnick-Groh (Cochrane)

Bruce Olson (Brooks)

David Stefanuk (Catholic Central - Lethbridge)

Paul Swiston (Dr. E.P. Scarlett - Calgary)

### **Defensive Line**

Michael Anhenkora (St. Francis - Calgary)

Cody Gross (Willow Creek - Claresholm)

John Krausnick-Groh (Cochrane)

Blake Newton (Raymond)

Byron Roberts (Lord Beaverbrook - Calgary)

Jordan Valer (Foothills - Okotoks)

### **Linebackers**

Anthony Dezorzi (St. Francis - Calgary)

Kai Green (Bow Valley - Cochrane)

Luke Luciano (Cochrane)

Richard McLeod (Holy Trinity Academy - Okotoks)

Jase Skelton (Medicine Hat)

Troy Sorenson (Ernest Manning)

Daniel Waugh (L.C.I. - Lethbridge)

### **Defensive Backs**

Wyatt Getty (Henry Wise Wood - Calgary)

Caleb Hildebrand (Medicine Hat)

Cody Hirsche (Foothills - Okotoks)

Kyle Johnson (Centennial - Calgary)

Dallin Kay (L.C.I. - Lethbridge)

Micheal Lau (Henry Wise Wood - Calgary)

Trevor Mills (Foothills - Okotoks)

### **Kicker**

Karim Ould-Hamoda (Henry Wise Wood - Calgary)

\* - will also serve as place kicker/punter

## **BANTAM BOWL**

### **2<sup>nd</sup> BANTAM BOWL GAME SET TO GO FOR MAY 21<sup>st</sup>!**

A few years ago it was noticed that while we are thrilled to be a part of the Alberta Summer Games and than the Alberta Sport, Recreation, Parks and Wildlife Foundation for that opportunity, it was only held every second year and that was becoming a problem for Grade 9's graduating out of Bantam every other year. Where was their elite all-star opportunity? This sparked the creation of the Football Alberta Bantam Bowl which was played for the first time in 2005 to off-set non ASG years.

2007 will mark the second year this game will be held. Over two weekends in April the annual process of selecting the "North" and "South" Senior Bowl All-Star teams was completed in both Edmonton and Calgary.

The game is scheduled for 12:00 p.m. on Monday, May 21st at Edmonton's Foote Field. Tickets are available at the door for \$7.50.

## **"NORTH" TEAM-Bantam**

### **Quarterbacks**

Kyle Dunlop (Sherwood Park Rams)

Jahlani Gilbert-Knorren (Edmonton Chargers)

Taylor McDonald (Leduc Ti-Cats)

### **Runningbacks**

Kody Herback (Lloydminster Chargers)

Luke Leboucane (Sherwood Park Rams)

Anthony Myroon (Sherwood Park Rams)

Michael Sadowsky (Fort McMurray Ravens)

Eric Stollery (Camrose Coyotes)

### **Receivers**

Thomas Chan (Millwoods Grizzlies)

Dexter Janke (Edmonton Chargers)

Bradeon Kopernick (Leduc Ti-Cats)

Nik Palek (Spruce Grove Cougars)

Bradley Quartel (St. Albert 49er's)

### **Offensive Line**

Nathan Brett (Sherwood Park Wolverines)

Bennett Douglas (Sherwood Park Rams)

Corey Howrish (Sexsmith Shamrocks)

Stefane Kreiner (Edmonton Chargers)

Keaton McKiel (Sherwood Park Rams)

Matthew Neufeld (Spruce Grove Cougars)

Zachery Taylor (Stony Plain Blue Bombers)

Shawn Walter (WestEdmonton Raiders)

### **Defensive Line**

Jacob Allen (Edmonton Chargers)

Rudy Graydon Fast (Sherwood Park Rams)

Dwight Galenzoski (Fort McMurray Ravens)

Todd Parker (Stony Plain Blue Bombers)

Eric Querengesser (Edmonton Chargers)

Dylan Wright (Sherwood Park Wolverines)

### **Linebackers**

Justin Gillett (Sherwood Park Rams)

Keaton Hoddinott (St. Albert 49er's)

Darcy Jarvis (Fort McMurray Ravens)

Brendan Kaplan (Spruce Grove Cougars)  
Aaron Kuzyk (Sherwood Park Rams)  
Jushua Millang (Camrose Coyotes)

#### **Defensive Backs**

Dane Bishop (Sherwood Park Wolverines)  
Derek Jones (Edmonton Chargers)  
Kyle Johnston (Sherwood Park Rams)  
Douglas Nothstein (Leduc Ti-Cats)  
Matt Perry (Sherwood Park Rams)  
Peter Solodzuk (Edmonton Chargers)  
Hugh Tunney (West Edmonton Raiders)

## **"SOUTH" TEAM-Bantam**

#### **Quarterback**

Elias Prochnau (Cochrane Lions)  
Jeff Vela (Calgary Goldenhawks)

#### **Runningback**

Garret Field (Calgary Cowboys)  
Conor Grigg (Lethbridge Stampeders)  
Adam Osterling (Calgary Wildcats)  
Andre Skinner (Calgary Cowboys)

#### **Receiver**

Graeme Anderson (Brooks Roadrunners)  
Miles Appel (Cardston Cougars)  
Tim Coles (Calgary Wildcats)  
Braden Moojalski (Cardston Cougars)  
Keith Pickering (Raymond Comets)  
Jordy Renwick (Cochrane Lions)

#### **Offensive Line**

Brandon Carr (Calgary Goldenhawks)  
Matt Corley (Calgary Wildcats)  
Brock Farkas (Calgary Hilltoppers)  
Eli Hankinson (Calgary Falcons)  
Ross Kostecky (Cochrane Lions)  
Mason Mang (Calgary Wildcats)  
Curtis Thompson (Foothills Eagles)  
Matthew Tiberio (Calgary Wildcats)

#### **Defensive Line**

Nigel Atwood (Lethbridge Rams)  
Robert Barfus (Cardston Cougars)  
Dalton Campbell (Calgary Wildcats)  
Blaise Delaire (Calgary Mavericks)  
Derek LeBaron (Calgary Falcons)  
Ryen Reid (Calgary Bulldogs)  
Anthony Rossi (Calgary Goldenhawks)

#### **Linebacker**

Alexander Bencsik (Calgary Cowboys)  
Tyler Mantyak (Lethbridge Stampeders)  
Cody Owad (Calgary Mavericks)  
Matt Pander (Calgary Cowboys)  
Braden Schroeder (Brooks Roadrunners)  
Caleb Stone (Raymond Comets)  
Michael Zahn (Cochrane Lions)

#### **Defensive Back**

Greg Cashin (Calgary Wildcats)  
Scott Courchesne (Calgary Wildcats)  
Mitch Koch (Calgary Mavericks)  
Keegen Lemieux (Calgary Goldenhawks)  
Riley MacDonald (Calgary Bulldogs)  
Steven McCaffrey (Calgary Falcons)

#### **Kicker**

Terrance Hartley (Brooks Roadrunners)

## **TEAM ALBERTA**

### **Under 17 TEAMS SELECTED! "NORTH" & "SOUTH" HEAD FOR QUEBEC!**

For anyone age 40 or older your high school experience was markedly different than what kids see today. For most of us in that category we just played our six games in the fall then went home. Now....wow! Provincial Playoffs at every level from Atom to High School, Alberta Summer Games teams, Bantam Bowls, Senior Bowls, Alberta Selects to Hawaii, Team Alberta... the list is seemingly endless of spring and summer programs and late fall playoffs that certainly were not there 20 years ago.

Joining the fold this year is the creation of two Under 17 All-Star Teams from Northern and Southern Alberta that will progress directly to the Football Canada Cup U17 Division this summer in Lennoxville, PQ. They will join the 13<sup>th</sup> edition of the U19 Team Alberta for graduating Grade 12's at the same event. Team Alberta U19 will be selected out of the Senior Bowl in May.

Check out the Football Canada website at [www.footballcanada.com](http://www.footballcanada.com) for times, dates and locations of games. Here are the rosters.

## **"NORTH" TEAM- U17**

#### **Quarterbacks**

Jerit Lambert (Austin O'Brien - Edmonton)  
Adam Seniuk (Bev Facey - Sherwood Park)

#### **Runningbacks**

Jase Bouchard (Lloydminster)  
Brett Fabian (St. Albert)  
Olukayode Sonuga (Harry Ainlay)  
Taylor Souster (Bev Facey - Sherwood Park)  
Travis Stern (Leduc)

#### **Receivers**

Adam Beller (Bev Facey - Sherwood Park)  
Darcy Hamel (Beaumont)  
Brad Nehring (Salisbury - Sherwood Park)  
Tyler Nelson (Salisbury - Sherwood Park)  
Mitch Richter (Bev Facey - Sherwood Park)  
Nicholas Ross (Salisbury - Sherwood Park)  
Sam Schwab (Leduc)

#### **Offensive Line**

Stephen Barton (Leduc)  
Kyle Brow (Archbishop Jordan - Sherwood Park)  
Nathan Lazinchuk (South Peace)  
Jesse More (Austin O'Brien - Edmonton)  
Shane Porter (Hunting Hills - Red Deer)  
Steven Prodan (Bev Facey - Sherwood Park)  
Blair Warr (Grande Prairie)

#### **Defensive Line**

Andrew Carefoot (Bev Facey - Sherwood Park)  
Linden Gaydosh (Peace River)  
Joel Seutter (Salisbury - Sherwood Park)  
Kris Vallancourt (St. Albert)  
Tyler Clemit (Leduc)  
Tyrell Morton (Hunting Hills - Red Deer)  
Derrick Stielow (Ardrossan)

#### **Linebackers**

Jonathan Chocair (Archbishop Jordan - Sherwood Park)  
Donavin Obenauer (Bev Facey - Sherwood Park)  
Connor Mahoney (Wetaskiwin)  
Ryan Petrie (Hunting Hills - Red Deer)  
Nigel Resnchler (Stettler)

#### **Defensive Backs**

David Berg (Harry Ainlay - Edmonton)  
Dallas Chin (McNally - Edmonton)  
Kristopher Godreau (Parkland - Spruce Grove)  
Devin Guedo (Bellerose - St. Albert)  
Aric Herauf (McNally - Edmonton)  
Geoffrey Howard (Leduc)  
Ryley Richardson (Parkland - Spruce Grove)

## **"SOUTH" TEAM- U17**

#### **Quarterbacks**

Jeremy Long (Notre Dame – Calgary)

Josh Williams (Bowness – Calgary)

#### **Runningbacks**

Kevin Lehew (Henry Wise Wood - Calgary)

Jake Harty (Henry Wise Wood – Calgary)

Jeff Houser (Holy Trinity Academy – Okotoks)

Steven Lumbala (St. Francis – Calgary)

#### **Receivers**

Drew Redekopp (John Diefenbaker – Calgary)

Tom Shaw (Springbank)

Andrew Fabian (Brooks)

Douglas Long (Bowness – Calgary)

Michael Martinovich (Bishop O'Byrne – Calgary)

Stephen Torriero (Notre Dame – Calgary)

#### **Offensive Line**

Robert Gagnon (St. Francis – Calgary)

Mitch Healing (Bishop O'Byrne – Calgary)

Terry Lait (Medicine Hat)

Brennan Levie (Brooks)

Jake Simpson (Henry Wise Wood – Calgary)

Cameron Luchak (Holy Trinity Academy)

Kenton Boote (Henry Wise Wood – Calgary)

#### **Defensive Line**

A.J. Hill (St. Mary's – Calgary)

Jason Lee (St. Francis – Calgary)

Kirby Fabian (Bishop McNally – Calgary)

Brandan Batty (Bishop O'Byrne – Calgary)

Tyrell Petersen (Winston Churchill – Lethbridge)

Ryan Tickner (Bowness – Calgary)

Jordon Wensmann (Winston Churchill – Lethbridge)

#### **Linebacker**

Santino Dezorzi (St. Francis – Calgary)

Jacob Fabian (Henry Wise Wood – Calgary)

Matt Prete (Bowness – Calgary)

Daniel Haigh (Henry Wise Wood – Calgary)

Stephen Dereniowski (Medicine Hat)

Cody Giroux (McCoy – Medicine Hat)

Paul Shumlich (Bishop Carroll – Calgary)

#### **Defensive Back**

Kyle Grant (Western Canada – Calgary)

Freddy Ostrosser (Henry Wise Wood – Calgary)

Skyler Pinchak (Cardston)

Kevan Hafichuk (Notre Dame – Calgary)

Tony Buffalo-Calf (Brooks)

Alex Issik (Henry Wise Wood – Calgary)  
Tom Spoletini (Rundle Academy – Calgary)

## **SPORT SCIENCE**

### **Taking a Knee. Why it's good for Football. by: Tim Enger**

You've all seen it. Less than a minute left in the game, the offensive team up by 30 or more points and their still running plays – even passing. Or perhaps you've seen this one. A close game with left than 40 seconds left and the offensive team who is in the lead is hustling up to the ball and snapping it with barely any time taken off the clock.

The results of these situation and others that could be remedied by teams taking a knee at the end of games are never good. The hand shake following the final whistle becomes a tension festival when the team on the good side of a blowout was constantly running plays up until the end. As well, how many injuries to players have needlessly happened over the years during those unnecessary plays?

And what about running the clock out to seal the victory? The most poignant example in recent years was the 2003 Northern Tier I Final where Strathcona, clinging to a 25-24 lead had an opportunity to run out the clock yet chose to run plays thus giving Salisbury the ball back with 7 seconds left and chance to kick the winning field goal. Luckily for the Lords the kick fell short and they were able to preserve the victory, but it was all so unnecessary.

So who's to blame? Why do not a lot of teams take knees at the end of games? It is the coaching? Is it the fact that the players have too much else to worry about than this? Probably a little of both but it's a common conclusion that little things like this are just assumed to be well known in football and automatically enacted when the situation presents itself. You can go from coaching clinic to coaching clinic and they never talk about this stuff. Then you find yourself in situation with 40 seconds left in the game, up by five, at your 10 yard line, not knowing how many timeouts your opponent has and.....

The real fun ones are the blowout kings whose teams are still running plays right to the bitter end. I've been on the other side of that equation as both a player and a coach as well as a sideline official as a timer or public address announcer and let me tell you at that stage of the game you're not impressing anyone with your continual play calling. The players know the jig is up, the refs want to go home, and the fans are getting antsy, so do us all a favor and store the 'run and shoot' for another day and TAKE A KNEE.

Here's how we do it:

## **Taking a Knee**

**Why do we want to?**

- It can bring the game to a safe conclusion sparing players from potential injury by eliminating needless plays.
- It's the classy thing to do.

- b) There is no need to send out the punt team if the conditions in (a) exists. Too much can go wrong (i.e. bad snap, blocked punt).

#### What your quarterback needs to know:

- Your team gets 20 seconds from when the referee whistles time in NOT from when the ball is placed. Watch the man in the white hat – he runs the show.
- If you are planning to take a knee and there is nothing the other team can do to stop the clock – inform the referee. They will then conduct it so no one gets hurt.
- Watch the clock. It will tell you everything. Plan to snap the ball with 2 seconds to go before your 20 second expires.
- If you have no clock, ask the referee to count it down for you. He is just as interested in a safe conclusion to the game as you are.
- Watch out for a “time count penalty”. That will stop the clock AND cost you a down late in the game. Call a timeout at 19 seconds if you're at all worried.
- The game or half doesn't end when the clock runs out (like in the American version of football). You still need to take a knee to end it – even with 0:00 on the clock.

#### Timeframes – when to take a knee

##### 1<sup>st</sup> down:

- 40-42 seconds left in the game or half providing the opponent has no time outs or blowout conditions exist.
- 20-22 seconds left in the game or half providing the opponent has only one time out left and it's a close game.
- If there is less than a minute left and your opponent has two timeouts left and you are leading by 8 points or less, you'll probably have to run some plays but DO NOT pass, run out of bounds, or call timeout yourself unless absolutely necessary.

##### 2<sup>nd</sup> down:

- 20-22 seconds left in the game or half providing the opponent has only one time out left or blowout conditions exist
- If there is less than 30 seconds left in a close game and your opponent has two time outs left you'll probably have to run some plays but see (c) above.

##### 3<sup>rd</sup> down:

- If the clock is stopped with 5 seconds or less left you probably can snap the ball and have your QB run around before taking a knee. Anything more and you'll probably have too much time to run off. This is NOT to be done from your 15 yard line or less as you won't have enough room to run off time unless you're up by 3 or more points in which case you can concede the safety in the end zone.

## RESOURCE LIST

The following is a list of resources available through the Football Alberta office. Should anyone wish to access these resources please contact us at (780)427-8108. The prices are listed for both member (ie. those individuals whose teams have submitted Membership Fees to Football Alberta for the current season) and non-members. Additional GST and Shipping costs will be charged.

### TACKLE RESOURCES

	<u>Member</u>	<u>Non-Member</u>
<b><u>Rule Books</u></b>		
Tackle Rule/Case Books	\$15.00	\$18.00
<b><u>Coaching</u></b>		
NCCP Level I Student Manual	\$65.00	\$80.00
NCCP Level II Student Manual	\$65.00	\$80.00
NCCP Level III Student Manual	\$65.00	\$80.00
Gino Fracas Book	\$5.00	\$6.25
Introduction to Football: A Guide For Novice Coaches	\$15.00	\$20.00
A Beginner Strength and Conditioning Program for Youth	\$15.00	\$20.00

### Equipment Managers

Purchasing and Maintaining Football Equipment Manual	\$15.00	\$20.00
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### TOUCH RESOURCES

	<u>Member</u>	<u>Non-Member</u>
<b><u>Rule Books</u></b>		
Touch Rule Book	\$13.00	\$18.00
Touch Case Book	\$13.00	\$18.00
Introduction to the Rules Manual	FREE	
<b><u>Coaching</u></b>		
Coaches and Teachers Instructor Manual	\$30.00	\$35.00
Touch Basics: Rules, Skills Strategies and Drills	\$15.00	\$20.00

**GST AND POSTAGE WILL BE**

**ADDED ONTO**

**ALL PRICES AT POINT**

**OF PURCHASE**

# **FOOTBALL ALBERTA**

Wishes to thank it's many  
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## **SENIOR BOWL**

*Calgary Stampeders*

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*Vic Laird Images*

*Eye Captured Images*

*University of Alberta Golden Bears*

*University of Calgary Dinosaurs*

*Calgary Colts*

*Edmonton Huskies*

*Edmonton Wildcats*

*and the*

*Alberta Sport, Recreation, Parks  
& Wildlife Foundation*

## *University of Calgary Dinosaur Football Development Camp*

# **July 2007**

**Contact (403)220-7749**

**For More Information**

**Or**

**<http://www.ucalgarykids.ca>**

**Pee-Wee All-Day Camp (July 2-4)  
\$210**

**Junior High All-Day Camp (July 2-4)  
\$210.00**

**Senior High All-Day Camp (July 5-7)  
\$210.00**

### **Program Information:**

- All Skill levels welcome to attend
- Learn proven techniques and fundamentals through a step-by-step teaching method.
- Chalk Talk Sessions
- Daily non-contact scrimmage
- Learn an offensive and defensive position
- Awards
- Jersey Included

**Note:** Full Day Camp includes Speed and  
Strength Training for Football

## **Residence Program Available**

*University of Alberta  
Golden Bear  
Summer Football Camp*

**July 2007**

**Contact (780)492-2231  
For More Information  
Or**

<http://www.bears.ualberta.ca>

**Sessions are offered at both:**

**Bantam (July 3-6)  
Cost \$130**

**High School (July 6-8)  
Cost \$150**

**Each camp will culminate  
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**All Campers will receive  
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