

Camp Instructors

University of Alberta Golden Bears Football Staff will use their coaching experience to direct and plan skill development. Current and former Golden Bear players will also serve as coaches, joined by elite high school coaches from the Edmonton area.



Facilities

Camp attendees will improve individual and group play in University of Alberta's Foote Field, Main Gym and newly renovated Pavilion facilities.

Fundamentals

Golden Bears football camps will focus on the fundamentals listed below:

- Increasing individual understanding of football
- Teaching offensive and defensive fundamentals
- Instruction in proper weight & strength training techniques
- Introduced to proper video analysis of game play
- Developing a true appreciation of "teamwork"
- Enhancing individual abilities and self-confidence
- Making football FUN for all participants!!!



GOLDEN BEARS FOOTBALL CAMPS



BE A BEAR!!!

UNIVERSITY OF ALBERTA

UNIVERSITY OF ALBERTA GOLDEN BEARS & PANDAS

For information, please contact the Activity Registration Zone between the hours of 9:00 am – 5:00 pm Monday-Friday:

Phone: (780) 492-2231

Fax: (780) 492-7190

Mail/In-Person

Activity Registration Zone - Sales Office

Faculty of Physical Education and Recreation

W-79 Van Vleet Centre

University of Alberta, Edmonton Alberta T6G 2H9

Past Camp Participants:

Neil Temrovatsky - University of Alberta/Calgary Stampeders

Tyler Greenstade - University of Alberta

Gord Hinse - University of Alberta / Edmonton Eskimos

Simeon Rotter— University of Alberta / Hamilton Tiger Cats



Official Golden Bears Football Website:

www.bears.ualberta.ca

Activity Registration Zone Website:

www.activityreg.ualberta.ca

Printed By: Russ Brown - Bissett Resources

Camp Overview

The University of Alberta Golden Bears football camps are dedicated to Pee Wee, Bantam and High School football players that are looking to improve their individual skills and enhance their development. Each participant will be appropriately placed according to age and skill level. Sound fundamentals and FUN will be the main emphasis at the University of Alberta Golden Bears football camps.

Participants are required to bring their own equipment for all camps (shoulder pads, Helmets & Jerseys)

Christmas Skill Development Camp

Ages: 10-18

Dates: Dec 28-29 2011, 9-4 pm

Positions: QB, REC, RB, LB, DB

Cost: Ages - 10-14: \$120.00

Cost: Ages - 15-18: \$150.00

Where: Pavilion - University of Alberta

Offensive & Defensive Line Skill Development Camp

Ages: 10-18

Dates: December 30-31 2011, 9-4 pm

Positions: Offensive & Defensive Line

Cost: Ages - 10-14: \$120.00

Cost: Ages - 15-18: \$150.00

Where: Pavilion - University of Alberta

Quarterback, Kickers and Long Snappers Skills Camp

Ages: 10-18

Date: April 15/2012, 9-4 pm

Cost: \$100.00 Long Snappers: \$50

Where: Foote Field



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Coaching Clinics Overview

The University of Alberta Golden Bears Football team will be holding 2 separate coaching clinics.

The Minor Football Coaches Clinic will focus on skills, drills and coaching techniques that are appropriate for community players 14 and under.

The Advanced Coaches Clinic will be a much more comprehensive clinic involving strategies, coaching techniques, drills and guest speakers. This clinic will be focused more on competitive football and is designed with the High School level and beyond in mind. Past speakers have included Greg Marshall (CFL Defensive Coordinator Hamilton Tigercats), Richie Hall (CFL Head Coach Edmonton Eskimos), Dan Dorazio (CFL Offensive Line/Special Teams BC Lions).

(Staff discounts available: call 780-492-2231)

Minor Football Coaches Clinic

Date: Mar.17/2012 9am-4pm

Cost: \$100.00

Where: Foote Field

Advanced Coaching Clinic

Dates: Apr.13-14 2012 Fri 6-10, Sat 9-4pm

Cost: \$100.00 or \$500 per staff

Where: Foote Field

Position	Ages 10-14	Ages 15-18	Coaches
Quarterback/Kicker	18330	18336	
Running Back	18331	18337	
Receiver	18332	18338	
Linebacker	18333	18339	
Defensive Back	18334	18340	
O-Line Dec 30-31	18341	18343	
D-Line Dec 30-31	18342	18344	
QB/K Camp Apr 15	18345	18347	
Long Snappers Apr 15	18346	18348	
Advanced Clinic			18349
Minor Coaches Clinic			18351

Name: _____

Parent-Guardian: _____

Address: _____

City: _____ Province _____

Postal Code: _____

Daytime Phone Number: _____

Email address: _____

Age: _____ Birthdate: _____ M/F _____

Alberta Health Care #: _____

Medical Conditions: _____

Current Team: _____

of years you have played football: _____

A confirmation letter and receipt will be mailed to you.

Method of Payment (please check) **Post dated cheques are not accepted**

Cheque/Money order - payable to: **University of Alberta**

Visa M/C

_____ Exp _____

Name on Card: _____

Signature: _____

Detach this form & return it to the Activity Registration Zone in person, by fax or by mail.

Incomplete registration forms will not be processed.

Registrations are not accepted by phone or On-Line

1. **Withdrawal Policy:** you may withdraw prior to the start of camp, no refund or credit after the start of camp

2. **Request for Refund:** a \$15.00 service fee will be assessed for all refunds. The refund will be for the remaining classes only.

3. **Request for Credit:** a credit can be requested up to the end of the second class of a program. The credit will be issued for the cost of the remaining classes.

4. **Medical Withdrawal:** assessed on a case by case basis.

5. **Transfers:** a \$5.00 transfer fee will apply when transferring from one program to another. When transferring to a program of greater value, you will be assessed the transfer fee plus the difference between the programs. This transfer fee does not apply if a course is cancelled.